



# Syllabus

## MA in Clinical Psychology

ONE YEAR & TWO YEAR PG  
PROGRAMME

(Ordinance 14/2)

## 2-Year PG Programme (2-Year MA in Clinical Psychology)

**Scheme B-1 (For Courses of Science & Arts Discipline having Major Practicum Component)**  
Applicable to all UTDS/Colleges

| COURSE TYPE                                                                              |          |                                                |                                                               |                                                                               |                       | TOTAL CREDITS                                         |
|------------------------------------------------------------------------------------------|----------|------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------------------------|-----------------------|-------------------------------------------------------|
| Year                                                                                     | Semester | Courses Level                                  | Core papers                                                   | Practicum Papers                                                              | Internship/VAC        |                                                       |
| I                                                                                        | Sem-1    | 400                                            | Clinical Psychology CC-11(6credits)                           | Practicum in Clinical Psychology PC-11(4credits)                              | Seminar (2credits)    | 22                                                    |
|                                                                                          |          |                                                | Research Methods and Statistics in Psychology CC-12(6credits) | Practicum on Psychological Research and Statistics PC-12(4credits)            |                       |                                                       |
|                                                                                          | 400      | Theories of Personality CC-21(6credits)        | Personality Assessment Practicum PC-21(4credits)              | Positive Psychology VAC(2credits)                                             | 22                    |                                                       |
|                                                                                          | Sem-2    | 500                                            | Psychological Assessment CC-22(6credits)                      |                                                                               |                       | Practicum in Psychological Assessment PC-22(4credits) |
| NOTE:-STUDENT WHO EXISTS AT THE END OF 1st YEAR SHALL BE AWARDED A POSTGRADUATE DIPLOMA. |          |                                                |                                                               |                                                                               |                       |                                                       |
| OPTION-1: ONLY COURSE WORK<br>(Applicable to all UTDs/Colleges)                          |          |                                                |                                                               |                                                                               |                       |                                                       |
| II                                                                                       | Sem-3    | 500                                            | Psychopathology CC-31(6Credits)                               | Practicum on Psychopathology PC-31(4Credits)                                  | Internship (2Credits) | 22                                                    |
|                                                                                          |          |                                                | Clinical Counselling and Psychotherapy CC-32(6Credits)        | Applied Practicum in Counselling and Psychotherapeutic Skills PC-32(4Credits) |                       |                                                       |
|                                                                                          | 500      | Psychology of Human Adjustment CC-41(6Credits) | Practicum in Human Adjustment PC-41(4Credits)                 | Behaviour Modification VAC(2Credit)                                           | 22                    |                                                       |




|  |       |     |                                                |                                            |  |
|--|-------|-----|------------------------------------------------|--------------------------------------------|--|
|  |       | 500 |                                                |                                            |  |
|  | Sem-4 |     | Disability & Rehabilitation<br>CC-42(6Credits) | Practicum in Disability<br>PC-42(4Credits) |  |

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## 2-year MA in Clinical Psychology

### Option 2 (Course Work & Research Work)

[Applicable to the UTDs/Colleges having research centers recognized by the University]

| Year | Semester | Course Level | Core papers                                                 | Practicum Papers                                                                   | Internship/VAC                                | TOTAL CREDIT |
|------|----------|--------------|-------------------------------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------------|--------------|
| II   | Sem-3    | 500          | Psychopathology<br>CC-31(6Credits)                          | Practicum on Psychopathology<br>PC-31(4Credits)                                    | Internship<br>(2Credits)                      | 22           |
|      |          | 500          | Clinical Counseling<br>and Psychotherapy<br>CC-32(6Credits) | Applied Practicum in Counseling<br>and Psychotherapeutic Skills<br>PC-32(4Credits) |                                               |              |
|      | Sem-4    | —            | —                                                           | —                                                                                  | Research thesis/Project/Patent<br>(22Credits) | 22           |
|      |          |              |                                                             |                                                                                    |                                               |              |

### Option 3 (Research Work)

[Applicable to the UTDs/Colleges having research centers recognized by the University]

| Year | Semester |                                            | TOTAL CREDIT |
|------|----------|--------------------------------------------|--------------|
|      | Sem-3    | Research thesis/Project/Patent (22Credits) | 22           |
|      | Sem-4    | Research thesis/Project/Patent (22Credits) | 22           |

NOTE :-(1) UTDs/Colleges with Research Centers have the choice of running all the OPTIONS mentioned above.

(2) Students having 4 year Under Graduate Degree (Honours/Honours with Research) are eligible for direct lateral entry in the Semester-III of 2-Year PG Programme

**1-Year PG Programme (1-Year MA in Clinical Psychology)**

**Scheme C-1 (For Courses of Science & Arts Discipline having Major Practicum Component)**

Applicable to all UTDS/College

**Option 3 (Research Work)**

[Applicable to the UTDS/Colleges having research centers recognized by the University]

| Year | Semester |                                            | TOTAL CREDIT |
|------|----------|--------------------------------------------|--------------|
| II   | Sem-I    | Research thesis/Project/Patent (22Credits) | 22           |
|      | Sem-II   | Research thesis/Project/Patent (22Credits) | 22           |
|      |          |                                            |              |

**NOTE :- (1) UTDS/Colleges with Research Centers have the choice of running all the OPTIONS mentioned above.**

**(2) Students having 4 year Under Graduate Degree (Honours/Honours with Research) are eligible for direct lateral entry in the Semester-III of 2-Year PG Programme**

| Part A Introduction                                            |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                  |             |
|----------------------------------------------------------------|-------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|-------------|
| Program: 2-Year PG                                             |                                                             | Class: M.A.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Year: I                          | Semester: 1 |
| Session: 2025-26                                               |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                  |             |
| Subject: Clinical Psychology                                   |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                  |             |
| 1                                                              | Course Code                                                 | CC-11                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                  |             |
| 2                                                              | Course Title                                                | Clinical Psychology (Theory)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                  |             |
| 3                                                              | Course Type (Core Course/<br>Discipline Specific Elective/) | Core Course                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                  |             |
| 4                                                              | Pre-requisite (if any)                                      | NIL                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                  |             |
| 5                                                              | Course Learning outcomes (CLO)                              | <p>On successful completion, students will be able to:</p> <ol style="list-style-type: none"> <li>1. Define and differentiate concepts of mental health and illness (Western &amp; Indian traditions).</li> <li>2. Explain Triguna theory and Panchakosha model in relation to personality and mental health.</li> <li>3. Summarize Indian perspectives (Ayurveda, Yoga) on classification of disorders.</li> <li>4. Describe scope, history, and models of Clinical Psychology.</li> <li>5. Apply research methods in clinical psychology.</li> <li>6. Compare ICD-11 and DSM-5 diagnostic systems.</li> <li>7. Differentiate categorical vs dimensional approaches.</li> <li>8. Identify symptoms in perception, memory, thought, and emotion.</li> <li>9. Conduct Mental Status Examination (MSE).</li> </ol> <p>Demonstrate knowledge of roles, responsibilities, and ethics of clinical psychologists.</p> |                                  |             |
| 6                                                              | Credit Value                                                | 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                  |             |
| 7                                                              | Total Marks                                                 | Max. Marks: 40+60                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Min. Passing Marks: 40           |             |
| Part B - Content of the Course                                 |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                  |             |
| Total No. of Lectures-Tutorials-Practical (in hours per week): |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                  |             |
| L-T-P:                                                         |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                  |             |
| Unit                                                           | Topics                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | No. of Lectures<br>(1 Hour Each) |             |

|   |                                                                                                                                                                                                                              |    |
|---|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| 1 | Indian perspectives: Ayurveda & Yoga concepts of health/illness; Triguna (Sattva–Rajas–Tamas) theory; Panchakosha model; Ancient classification (Charaka, Sushruta).                                                         | 18 |
| 2 | Introduction: History, scope, meaning, definitions of Clinical Psychology; Research methods in Clinical Psychology; Models: Biological, Psychodynamic, Behavioral, Cognitive, Humanistic, Phenomenological, Biopsychosocial. | 18 |
| 3 | Classification: Historical development; Principles; Categorical vs Dimensional; Cultural considerations; ICD-11 vs DSM-5 comparison. Symptomatology: Psychiatric terminology; Disorders of perception                        | 18 |
| 4 | thought, memory, emotion, self, speech, personality; Psychiatric examination: Case history, Clinical interview, Observation, MSE; Role of Clinical Psychologists.                                                            | 18 |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                              |    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| 5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Psychopathology: Symptoms, etiology, treatment of Anxiety disorders, Schizophrenia, Mood disorders, Addiction, Personality disorders, Eating disorders, Sexual dysfunction, Sleep disorders. | 18 |
| <b>Keywords/Tags:</b> <ol style="list-style-type: none"> <li>1. ClinicalAssessment</li> <li>2. schizophrenia</li> <li>3. PsychodynamicModel</li> <li>4. Behavioralmodel</li> <li>5. ICD-11</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                              |    |
| PartC-LearningResources                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                              |    |
| TextBooks,ReferenceBooks,Otherresources                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                              |    |
| <b>SuggestedReadings:</b> <ol style="list-style-type: none"> <li>1. Ahuja,N.(2010).AShortTextbookofPsychiatry,India:JaypeeBrothersMedical Publishers.</li> <li>2. BellackA.S.&amp;HersenM.(1998).Comprehensiveclinicalpsychology:Assessment(Vol.4). London:ElsieverScienceLtd.</li> <li>3. Fish,F.,&amp;Hamilton,M.(1979).Fish'sclinicalpsychopathology.Bristol:JohnWright&amp; Sons.</li> <li>4. Hecker,J.E.,&amp;Thorpe,G.L.(2005).Introduction to clinicalpsychology:Science,practice, and ethics. PearsonEducationNewZealand.</li> <li>5. Kuppaswamy,B.(1990).ElementsofancientIndianpsychology.KonarkPublishers.</li> <li>6. Millon,T.,Blaney,P.H.&amp;Davis,R.D.(1999).Oxfordtextbookofpsychopathology. NewYork:OxfordUniversity.</li> <li>7. Mishra,G.&amp;Mohanty,A.K.(2002)Perspectivesonindigenoupsychology,NewDelhi, Conceptpublishingcompany</li> <li>8. Oyeboode,F.(2015).Sims'symptomsinthemind:Textbookofdescriptivepsychopathology</li> </ol> |                                                                                                                                                                                              |    |

(5th ed.), Elsevier Saunders

9. Paranjpe, A.C. (2000). Self and identity in modern psychology and Indian thought. Kluwer Academic Publishing.
10. Rao, K.R., & Paranjpe, A.C. (2016). Psychology in the Indian tradition. Springer.
11. Singh, A.K. (2009). Uchehtar Naidanik Manovigyan. Motilal Banars, Delhi, Mumbai & Chennai.
12. Trull, J.T., & Phares, J.E. (2001). Clinical Psychology: Concept, Methods and Profession. Wadsworth, Thompson Learning, U.S.A.

रहमान, ए. (1995) सामान्य मनोविज्ञान, मोतीलाल बनारसीदास, पटना

शुक्ला, अनुपम, & विपाठी, हररगोविन्द (2023). मनोविज्ञान का परिचय (Introduction to Psychology).

मध्य प्रदेश हिंदी दीर्घग्रन्थ अकादमी, भोपाल.

हसिंह, ए.के. (2011) उच्चतर सामान्य मनोविज्ञान, मोतीलाल बनारसीदास, ददल्ली

सुलेमान, एम. (1995) असामान्य मनोविज्ञान: विषय और व्याख्या, मोतीलाल बनारसीदास, पटना

#### Suggested digital platforms/weblinks

<https://www.apa.org/ed/graduate/specialize/clinical>

<https://www.annualreviews.org/content/journals/clinpsy>

[https://www.edx.org/learn/psychology/the-university-of-queensland-introduction-to-clinical-](https://www.edx.org/learn/psychology/the-university-of-queensland-introduction-to-clinical-psychology)

[psychology](https://www.edx.org/learn/psychology/the-university-of-queensland-introduction-to-clinical-psychology)

#### Suggested equivalent online courses:

#### Part D - Assessment and Evaluation

#### Suggested Continuous Evaluation Methods:

Maximum Marks: 100

Continuous Comprehensive Evaluation (CCE): 40 Marks University Exam (UE): 60 Marks

|                                                                |                                                                                                  |    |
|----------------------------------------------------------------|--------------------------------------------------------------------------------------------------|----|
| Internal Assessment: Continuous Comprehensive Evaluation (CCE) | Class Test Assignment/Presentation                                                               | 40 |
| External Assessment: University Exam Section Time: 03.00 Hours | Section (A): Very Short Questions<br>Section (B): Short Questions<br>Section (C): Long Questions | 60 |

Any remarks/suggestions:

सैद्धांतिक मनोविज्ञान

| भागअ-पररचय                                                          |                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |       |                                      |            |
|---------------------------------------------------------------------|-------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|--------------------------------------|------------|
| काययक्रम:दोिषीयपी.जी.                                               |                                                       | कक्षा:एमए                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | िषय:I | सेमेस्टर:I                           | सि:2025-26 |
| विषय: नैदानिक मनोविज्ञान                                            |                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |       |                                      |            |
| 1                                                                   | पाठयक्रमकाकोड                                         | CC-11                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |       |                                      |            |
| 2                                                                   | पाठयक्रमकाशीषयक                                       | नैदावनकमनोविज्ञान(सैद्ािंवतक)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |       |                                      |            |
| 3                                                                   | पाठयक्रमकाप्रकार:(कोरकोसय/वडवसवललनस्पेवसदिकइलेवक्टि   | कोरकोसय                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |       |                                      |            |
| 4                                                                   | पूिायपेक्षा(Prerequisite)<br>(यददकोईहो)               | NIL                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |       |                                      |            |
| 5                                                                   | पाठयक्रमअध्ययन की पररलवधियािं(कोसयलर्निंग आउटकम)(CLO) | विद्यार्थी इस पाठयक्रम के अध्ययन के बाद –<br><br>1. मानसिक स्वास्थ्य और बीमारी की अवधारणाओं को (भारतीय व पाश्चात्य दृष्टिकोण से) परिभाषित वअलग कर सकेंगे।<br>2. त्रिगुण सिद्धांत (सत्त्व, रजस, तमस) एवं पंचकोश मॉडल को व्यक्तित्व और मानसिक स्वास्थ्य से जोड़ सकेंगे।<br>3. आयुर्वेद एवं योग परंपराओं में मानसिक विकारों के वर्गीकरण का सार प्रस्तुत कर सकेंगे।<br>4. नैदानिक मनोविज्ञान का इतिहास, स्वरूप और क्षेत्र समझ सकेंगे।<br>5. नैदानिक अनुसंधान पद्धतियों को लागू कर सकेंगे।<br>6. DSM-5 और ICD-11 का तुलनात्मक अध्ययन कर सकेंगे।<br>7. श्रेणीगत (Categorical) एवं आयामी (Dimensional) दृष्टिकोणों का भेद कर सकेंगे।<br>8. धारणा, विचार, स्मृति और भावनाओं से जुड़े लक्षणों को पहचान सकेंगे।<br>9. मानसिक स्थिति परीक्षण (MSE) कर सकेंगे।<br>10. भारत में नैदानिक मनोवैज्ञानिक की भूमिका, उत्तरदायित्व और नैतिक मानदंड समझ सकेंगे। |       |                                      |            |
| 6                                                                   | क्रेवडटमान                                            | 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |       |                                      |            |
| 7                                                                   | कुल अिंक                                              | अविकतमअिंक:40+60                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |       | न्यूनतमउत्तीणयअिंक:40                |            |
| भागब-पाठयक्रमकीविषयिस्तु                                            |                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |       |                                      |            |
| व्यायानकीकुलसिं्या-ट्यूटोररयल-प्रायोवगक(प्रवतसप्ताहघिंटेमें):L-T-P: |                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |       |                                      |            |
| इकाई                                                                | विषय                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |       | व्यायानकी सिं्या<br>(1घिंटा/व्यायान) |            |

|                                                                                                               |                                                                                                                                                                                  |    |
|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| 1                                                                                                             | Indian perspectives: Ayurveda, Yoga; Triguna theory; Panchakosha model; Charaka और Sushruta में मानसिक विकारों का वर्गीकरण।                                                      | 18 |
| 2                                                                                                             | Clinical Psychology का परिचय; परिभाषा, स्वरूप, क्षेत्र; अनुसंधान पद्धतियाँ; मॉडल्स – जैविक, मनोविश्लेषणात्मक, व्यवहारवादी, संज्ञानात्मक, मानवतावादी, पारस्परिक, जैव-मनो-सामाजिक। | 18 |
| 3                                                                                                             | मानसिक विकारों का वर्गीकरण; ऐतिहासिक विकास; श्रेणीगत बनाम आयामी दृष्टिकोण; सांस्कृतिक परिप्रेक्ष्य; DSM-5 और ICD-11 का तुलनात्मक अध्ययन।                                         | 18 |
| 4                                                                                                             | मनोरोगी लक्षणावली: प्रमुख मनोचिकित्सकीय शब्दावली; धारणा, विचार, स्मृति, भाव, व्यक्तित्व विकार; मानसिक स्थिति परीक्षण (MSE), केस हिस्ट्री, नैदानिक साक्षात्कार।                   | 18 |
| 5                                                                                                             | मनोरोग विज्ञान: लक्षण, कारण एवं उपचार – चिंता विकार, सिज़ोफ्रेनिया, मनोदशा विकार, व्यसन, व्यक्तित्व विकार, आहार विकार, यौन विकार, निद्रा विकार।                                  | 18 |
| सारहबिंदु(कीडिडय)/टैग:<br>नैदानिक मूल्यांकन<br>मनोविदलता<br>मनोविश्लेषणात्मक मॉडल<br>व्यवहारमॉडल<br>आईसीडी-11 |                                                                                                                                                                                  |    |
| भागस-अनुशिवसतअध्ययनसिंसांन                                                                                    |                                                                                                                                                                                  |    |
| पाठ्यपुस्तकें,सिंदभयपुस्तकें,अन्यसिंसांन                                                                      |                                                                                                                                                                                  |    |
| अनुशिवसतसहायकपुस्तकें/ग्रन्थ/अन्यपाठ्यसिंसांन/पाठ्यसामग्री:                                                   |                                                                                                                                                                                  |    |
| 1. Ahuja,N.(2010).A Short Textbook of Psychiatry.India:Jaypee Brothers Medical                                |                                                                                                                                                                                  |    |




Publishers.

2. Bellack A.S. & Hersen M. (1998). *Comprehensive clinical psychology: Assessment* (Vol. 4). London: Elsevier Science Ltd.
  3. Fish, F., & Hamilton, M. (1979). *Fish's clinical psychopathology*. Bristol: John Wright & Sons.
  4. Hecker, J.E., & Thorpe, G.L. (2005). *Introduction to clinical psychology: Science, practice, and ethics*. Pearson Education New Zealand.
  5. Kuppuswamy, B. (1990). *Elements of ancient Indian psychology*. Konark Publishers.
  6. Millon, T., Blaney, P.H. & Davis, R.D. (1999). *Oxford textbook of psychopathology*. New York: Oxford University.
  7. Mishra, G. & Mohanty, A.K. (2002) *Perspectives on indigenous psychology*, New Delhi, Concept publishing company
  8. Oyebode, F. (2015). *Sims' symptoms in the mind: Textbook of descriptive psychopathology* (5th ed.). Elsevier Saunders
  9. Paranjpe, A.C. (2000). *Self and identity in modern psychology and Indian thought*. Kluwer Academic Publishing.
  10. Rao, K.R., & Paranjpe, A.C. (2016). *Psychology in the Indian tradition*. Springer.
  11. Singh A. K. (2009). *Uchchar Naidanik Manovigyan*, Moti Lal Banarsi, Delhi, Mumbai & Chennai.
- Trull, J.T., & Phares, J.E. (2001) *Clinical Psychology Concept, Methods and Profession*. Wadsworth, Thompson Learning, U.S.A
- रहमान, ए. (1995) सामान्य मनोविज्ञान, मोतीलाल बनारसीदास, पटना
- शुक्ला, अनुपम, & विपाठी, हरर गोविन्द (2023). *मनोविज्ञान का पररचय (Introduction to Psychology)*. मध्य प्रदेश हिंदी ग्रन्थ अकादमी, भोपाल.
- हसिंह, ए. के. (2011) *उच्चतर सामान्य मनोविज्ञान*, मोतीलाल बनारसीदास, ददल्ली
- सुलेमान, एम. (1995) *असामान्य मनोविज्ञान: विषय और व्याक््या*, मोतीलाल बनारसीदास, पटना

<https://www.apa.org/ed/graduate/specialize/clinical> <https://www.annualreviews.org/content/journals/clinpsy>

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<https://www.edx.org/learn/psychology/the-university-of-queensland-introduction-to-clinical-psychology>

अनुशिवसतसमकक्षऑनलाइनपाठ्यक्रम:

<https://www.edx.org/learn/psychology/the-university-of-queensland-introduction-to-clinical-psychology>

[https://onlinecourses.swavam2.ac.in/cec23\\_hs05/preview](https://onlinecourses.swavam2.ac.in/cec23_hs05/preview)

भागद-अनुशिवसतमूल्यांकनविवियां:

अनुशिवसतसततमूल्यांकनविवियां:

अविकतमअंक:100

सततव्यापकमूल्यांकन(CCE)अंक:40विश्वविद्यालयीनपरीक्षा(UE)अंक:60

|                                                  |                                                                             |    |
|--------------------------------------------------|-----------------------------------------------------------------------------|----|
| आंतररकमूल्यांकन:<br>सततव्यापकमूल्यांकन(CCE):     | क्लासटेस्ट<br>असाइनमेंट/प्रस्तुतीकरण(प्रेजेंटेशन)                           | 40 |
| आकलन : विश्वविद्यालयीन परीक्षा:<br>समय-03.00घंटे | अनुभाग(अ):अवतलघुप्रश्न अनुभाग(ब):लघु प्रश्न<br>अनुभाग(स):दीर्घउत्तरीयप्रश्न | 60 |

कोईरटलपणी/सुझां:

# Practicum Course

| Part A Introduction          |                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                 |         |            |
|------------------------------|--------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|------------|
| Program: 2-Year PG           |                                                                                                              | Class: M.A.                                                                                                                                                                                                                                                                                                                                                                                                     | Year: I | Semester I |
| Session: 2025-26             |                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                 |         |            |
| Subject: Clinical Psychology |                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                 |         |            |
| 1                            | Course Code                                                                                                  | PC-11                                                                                                                                                                                                                                                                                                                                                                                                           |         |            |
| 2                            | Course Title                                                                                                 | Clinical Psychology Practicum                                                                                                                                                                                                                                                                                                                                                                                   |         |            |
| 3                            | Course Type (Core Course/<br>Discipline Specific<br>Elective/Elective/Generic<br>Elective/Vocational/ .....) | Practicum Course                                                                                                                                                                                                                                                                                                                                                                                                |         |            |
| 4                            | Pre-requisite (if any)                                                                                       | NIL                                                                                                                                                                                                                                                                                                                                                                                                             |         |            |
| 5                            | Course Learning outcomes<br>(CLO)                                                                            | <p>Students will be able to:</p> <ol style="list-style-type: none"> <li>1. Administer and interpret intelligence, personality, and neuropsychological tests.</li> <li>2. Conduct case history and MSE.</li> <li>3. Prepare case reports and diagnostic formulations.</li> <li>4. Critically analyze Indian perspectives on psychopathology.</li> <li>5. Gain exposure through clinical field visits.</li> </ol> |         |            |
| 6                            | Credit Value                                                                                                 | 4                                                                                                                                                                                                                                                                                                                                                                                                               |         |            |

| 7                                                       | TotalMarks                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Max.Marks:40+60               | Min.PassingMarks:40 |
|---------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|---------------------|
| <b>PartB-ContentoftheCourse</b>                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                               |                     |
| TotalNo.ofLectures-Tutorials-Practical(inhoursperweek): |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                               |                     |
| L-T-P:                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                               |                     |
| Unit                                                    | Topics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | No.ofLectures<br>(2HoursEach) |                     |
| PartA(AnySix)                                           | <ul style="list-style-type: none"> <li>• Beck Depression Inventory (BDI)</li> <li>• Hamilton Rating Scale for Depression (HAM-D)</li> <li>• Hamilton Rating Scale for Anxiety (HAM-A)</li> <li>• Yale-Brown Obsessive-Compulsive Scale (Y-BOCS)</li> <li>• Generalized Anxiety Disorder Scale (GAD-7)</li> <li>• Suicide Ideation Scale (SIS)</li> <li>• Eating Attitudes Test (EAT-26)</li> <li>• Alcohol Use Disorders Identification Test (AUDIT)</li> <li>• Positive and Negative Syndrome Scale (PANSS)</li> <li>• Brief Symptom Inventory (BSI)</li> </ul> | 30                            |                     |



|                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                     |    |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| PartB(AnyThree)                                                                                                                                                                     | <ul style="list-style-type: none"> <li>• Case history (minimum 2 cases)</li> <li>• Mental Status Examination (Adult + Child case)</li> <li>• Report on psychopathology in Indian texts (e.g., Upanishads)</li> <li>• Psychological analysis of Indian films depicting mental illness</li> <li>• Field report on recent psychiatric case studies in India</li> </ul> | 25 |
| PartC(AnyOne)                                                                                                                                                                       | <ul style="list-style-type: none"> <li>• Psychiatric hospital visit</li> <li>• Psychotherapy center visit</li> <li>• Rehabilitation center visit</li> </ul>                                                                                                                                                                                                         | 5  |
| <b>Keywords/Tags:</b> <ol style="list-style-type: none"> <li>1. PsychiatricAssessmentTools</li> <li>2. ClinicalCaseAnalysis</li> <li>3. IndianPerspectivesonMentalHealth</li> </ol> |                                                                                                                                                                                                                                                                                                                                                                     |    |



4. Mental Status Examination
5. Field Visits in Clinical Psychology
6. Psychopathology in Media and Culture

#### Part C-Learning Resources

##### Text Books, Reference Books, Other resources

##### Suggested Readings:

1. Aiken, L.R. (1984). Psychological Testing and Assessment (4th edition). Boston: Allyn & Bacon.
2. Anastasi, A. (1968). Psychological Testing. London: Macmillan Company.
3. Freeman, F.S. (1962). Theory and Practice of Psychological Testing. New York: Holt, Rinehart and Winston (Indian Edition).
4. Myers, Isabel Briggs with Peter B. Myers (1995) [1980]. Gifts Differing: Understanding Personality Type. Mountain View, CA: Davies-Black Publishing. pp. xi-xii.
5. Singh A. K. (2009). Uchchitar Naidanik Manovigyan, Moti Lal Banarsi, Delhi, Mumbai & Chennai.
6. Singh, A.K. (1997). Tests, Measurements and Research Methods in Behavioural Sciences. Bharti Bhawan, Patna.
7. Bhargava, M. (2003). Introduction to Psychological Testing and Experimentation.
8. Manuals from NPC and Prasad Psycho Pvt. Ltd. - For tools like VIR, MISIC, Study Habits Inventory, and others used in practicum.

रहमान, ए. (1995) सामान्य मनोविज्ञान, मोती लाल बनारसीदास, पटना

शुक्ला, अनुपम, & विपाठी, हरर गोविन्द (2023). मनोविज्ञान का परिचय (Introduction to Psychology).

मध्य प्रदेश हिंदी दीर्घाकादमी, भोपाल.

हसिंह, ए. के. (2011) उच्चतर सामान्य मनोविज्ञान, मोती लाल बनारसीदास, ददल्ली

##### Suggested digital platforms/weblinks

[https://www.opentextbooks.org.uk/system/files/export/6.6118/pdf/Educational\\_Psychology\\_6118.pdf](https://www.opentextbooks.org.uk/system/files/export/6.6118/pdf/Educational_Psychology_6118.pdf)  
<https://www.tandfonline.com/journals/cedp20>

<https://www.apa.org/education-career/guide/subfields/teaching-learning>

<https://mkuniversity.ac.in/new/centre/cer/docs/PSYCHOLOGY%20IN%20EDUCATION.pdf>

**Suggested equivalent online courses:**

[https://onlinecourses.swayam2.ac.in/cec24\\_hs94/preview](https://onlinecourses.swayam2.ac.in/cec24_hs94/preview)<https://www.coursera.org/learn/learning-knowledge-human-development>

**Part D-Assessment and Evaluation****Suggested Continuous Evaluation Methods:**

| Internal Assessment                                                                                                                       | Marks     | External Assessment          | Marks     |
|-------------------------------------------------------------------------------------------------------------------------------------------|-----------|------------------------------|-----------|
| Class Interaction/Quiz                                                                                                                    | 20        | Viva Voce on Practical       | 40        |
| Attendance                                                                                                                                | 10        | Practical Record File        | 10        |
| Assignments (Charts/Model Seminar/Rural Service/Technology Dissemination/Report of Excursion/Lab Visits/Survey/Industrial visit/ seminar) | 10        | Tablework/tests/ Experiments | 10        |
| <b>TOTAL</b>                                                                                                                              | <b>40</b> |                              | <b>60</b> |

**Any remarks/suggestions:**

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प्रायोगिकप्रश्नपि

| भागअ-पररचय                                                          |                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                           |                      |
|---------------------------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|
| काययक्रम:दोिषीयपी.जी.                                               | कक्षा:एमए                                                             | िषय:प्रथम                                                                                                                                                                                                                                                                                                                                                                                                 | सेमेस्टर1            |
| सि:2025-26                                                          |                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                           |                      |
| विषय: नैदानिक मनोविज्ञान                                            |                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                           |                      |
| 1                                                                   | पाठ्यक्रमकाकोड                                                        | PC-11                                                                                                                                                                                                                                                                                                                                                                                                     |                      |
| 2                                                                   | पाठ्यक्रमकाशीषयक                                                      | प्रायोगिकनैदावनकमनोविज्ञान                                                                                                                                                                                                                                                                                                                                                                                |                      |
| 3                                                                   | पाठ्यक्रमकाप्रकार:(कोरकोसय/वडवप्रेवक्टकलकोसय सवललनस्पेवसदिकइलेवक्टि.) |                                                                                                                                                                                                                                                                                                                                                                                                           |                      |
| 4                                                                   | पूिायपेक्षा(Prerequisite)<br>(यददकोईहो)                               | Nil                                                                                                                                                                                                                                                                                                                                                                                                       |                      |
| 5                                                                   | पाठ्यक्रमअध्ययनकीपररलवधियाि<br>(कोसयलर्निगआउटकम)(CLO)                 | <ul style="list-style-type: none"> <li>विद्यार्थी केस हिस्ट्री और मानसिक स्थिति परीक्षण (MSE) कर सकेंगे।</li> <li>विभिन्न मनोवैज्ञानिक परीक्षणों का संचालन व व्याख्या कर सकेंगे।</li> <li>केस रिपोर्ट व नैदानिक विवरण तैयार कर सकेंगे।</li> <li>भारतीय परिप्रेक्ष्य में मानसिक रोगों का विश्लेषण कर सकेंगे।</li> <li>क्षेत्र-भ्रमण (Field Visit) के माध्यम से व्यावहारिक अनुभव प्राप्त करेंगे।</li> </ul> |                      |
| 6                                                                   | क्रेवडटमान                                                            | 4                                                                                                                                                                                                                                                                                                                                                                                                         |                      |
| 7                                                                   | कुल अंक                                                               | अविकतमअंक:40+60                                                                                                                                                                                                                                                                                                                                                                                           | न्यूनतमउत्तीणयअंक:40 |
| भागब-पाठ्यक्रमकीविषयिस्तु                                           |                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                           |                      |
| व्यायानकीकुलसिं्या-ट्यूटोररयल-प्रायोगिक(प्रवतसप्ताहघिंटेमें):L-T-P: |                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                           |                      |
| इकाई                                                                | विषय                                                                  | व्यायानकी सिं्या<br>(2घिंटे/व्यायान)                                                                                                                                                                                                                                                                                                                                                                      |                      |
| भागअ(कोईछः)                                                         |                                                                       | 30                                                                                                                                                                                                                                                                                                                                                                                                        |                      |

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|--------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
|        | <ul style="list-style-type: none"> <li>• बेक अवसाद सूची</li> <li>• हैमिल्टन अवसाद मूल्यांकन मापनी</li> <li>• हैमिल्टन चिंता मूल्यांकन मापनी</li> <li>• सामान्यीकृत चिंता विकार मापनी</li> <li>• येल-ब्राउन बाध्यकारी-आवेशग्रस्तता मापनी</li> <li>• आत्महत्या विचार मापनी</li> <li>• भोजन दृष्टिकोण परीक्षण</li> <li>• मद्यपान विकार पहचान परीक्षण</li> <li>• सकारात्मक और नकारात्मक लक्षण मापनी</li> <li>• संक्षिप्त लक्षण सूची</li> </ul> |    |
| भागबी) | <ul style="list-style-type: none"> <li>• 2 केस हिस्ट्री एवं रिपोर्ट</li> <li>• 1 वयस्क एवं 1 बालक पर MSE</li> <li>• भारतीय ग्रंथों (उपनिषद आदि) में मानसिक विकारों पर रिपोर्ट</li> <li>• भारतीय फिल्मों में मनोरोग का विश्लेषण</li> <li>• भारत में हाल की मनोरोग घटनाओं का केस-स्टडी</li> </ul>                                                                                                                                            | 25 |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                            |   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|---|
| भागसी(कोईएक)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | मनोचिकित्सा विभाग<br>मनोचिकित्सा केंद्र<br>पुनर्वास केंद्र | 5 |
| <p>सारहबिंदु(कीडिडय)/टैग:</p> <p>मनोरोगमूल्यांकनउपकरण<br/>नैदावनककेसविश्लेषण<br/>मानवसकसिास्यपरभारतीयपररप्रेक्ष्य<br/>मानवसकवस्थवतपरीक्षा<br/>नैदावनकमनोविज्ञानमेंील्डविवजट<br/>मीवडयाऔरसिंस्कृतमेंमनोविकृत</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                            |   |
| भागस-अनुशिवसतअध्ययनसिंसांन                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                            |   |
| पाठ्यपुस्तके,सिंदभयपुस्तके,अन्यसिंसांन                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                            |   |
| <p>अनुशिवसतसहायकपुस्तके/ग्रन्थ/अन्यपाठ्यसिंसांन/पाठ्यसामग्री:</p> <ol style="list-style-type: none"> <li>1. Aiken,L.R.(1984).PsychologicalTestingandAssessment(4thedition).Boston:Allyn&amp;Bacon.</li> <li>2. Anastasi,A.(1968).PsychologicalTesting.London:MacmillanCompany.</li> <li>3. Freeman,F.S.(1962).TheoryandPracticeofPsychologicalTesting.NewYork:Holt,RinehartandWinston(IndianEdition).</li> <li>4. Myers,IsabelBriggswithPeterB.Myers(1995)[1980].GiftsDiffering:UnderstandingPersonalityType.MountainView,CA:Davies-BlackPublishing.pp.xi-xii.</li> <li>5. SinghA.K.(2009).UchchitarNaidanikManovigyan,MotiLalBanarsi,Delhi,Mumbai&amp; Chennai.</li> <li>6. Singh,A.K.(1997).Tests,MeasurementsandResearchMethods inBehaviouralSciences.BhartiBhawan,Patna.</li> <li>7. Bhargava,M.(2003).IntroductiontoPsychologicalTestingandExperimentation.</li> </ol> |                                                            |   |

Q12

Q12

8. Manuals from NPC and Prasad Psycho Pvt. Ltd. - For tools like VIR, MISIC, Study Habits Inventory, and others used in practicum.

रहमान, ए. (1995) सामान्य मनोविज्ञान, मोतीलाल बनारसीदास, पटना

शुक्ला, अनुपम, & विपाठी, हररगोविन्द (2023). मनोविज्ञान का परिचय (Introduction to Psychology). मध्य प्रदेश हिंदी दीर्घग्रन्थ अकादमी, भोपाल.

हसिंह, ए. के. (2011) उच्चतर सामान्य मनोविज्ञान, मोतीलाल बनारसीदास, ददल्ली अनुशिवसतवडवजटललेटोमय/ि बहलिक

<https://www.parinic.com> <https://www.ncbi.nlm.nih.gov/books/NBK305233/>

<https://courses.lumenlearning.com/wm-abnormalpsych/chapter/psychological-assessment/>

अनुशिवसतसमकक्षऑनलाइनपाठ्यक्रम:

<https://hss.iitd.ac.in/course/psychological-testing-and-behavioral-assessment>

[https://onlinecourses.swayam2.ac.in/ccc23\\_hs05/preview](https://onlinecourses.swayam2.ac.in/ccc23_hs05/preview)

भागद-अनुशिवसतमूल्यांकनविवियां:

अनुशिवसतसतमूल्यांकनविवियां:

| आंतरिक मूल्यांकन                                                                                                                       | अंक | बाह्य मूल्यांकन        | अंक |
|----------------------------------------------------------------------------------------------------------------------------------------|-----|------------------------|-----|
| कक्षामेसिंिद/प्रश्नोत्तरी                                                                                                              | 20  | प्रायोगिक मौखिकी (िया) | 40  |
| उपस्थित                                                                                                                                | 10  | प्रायोगिक ररकॉडियाइल   | 10  |
| असाइनमेंट (चाटय/मॉडल/सेवमनार/ग्रामीणसेिा/प्रौद्योगिकी प्रसार/भ्रमण (कस्कशयन) कीररपोटय/सिंक्षण/प्रयोगशाला भ्रमण (लैबविवजट)/औद्योगिकयािा | 10  | टेबलिकय/प्रयोग         | 10  |
| कुलअंक                                                                                                                                 | 40  |                        | 60  |

कोईरटतपणी/सुझां:

| L-T-P: |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                              |
|--------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| Unit   | Topics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | No.ofLectures<br>(1HourEach) |
| 1      | -: Foundations of Psychological Research<br>Nature, scope, importance of psychological research<br>- Scientific method and its characteristics<br>- Assumptions of research in psychology<br>- Basic vs Applied research<br>- Qualitative vs Quantitative approaches<br>- Exploratory, descriptive, explanatory research<br>- Ethical issues in psychological research (consent, confidentiality, plagiarism, ethics committees)                                                                                                                                           | 18                           |
| 2      | Research Problem, Hypothesis & Design<br>- Identification of research problems<br>- Criteria for good research problem<br>- Meaning and types of hypotheses (directional, non-directional, null, alternative)<br>- Variables: independent, dependent, extraneous, control<br>- Research designs: Experimental (true, quasi, field, laboratory)<br>- Non-experimental: correlational, ex-post-facto, survey<br>- Longitudinal vs Cross-sectional designs<br>- Mixed-methods research                                                                                        | 18                           |
| 3      | Sampling & Data Collection<br>- Population and sample: concepts<br>- Probability sampling: simple random, stratified, cluster, systematic<br>- Non-probability sampling: purposive, convenience, snowball, quota<br>- Data collection methods: observation (participant/non-participant, structured/unstructured), interview (structured, semi-structured, unstructured), questionnaire, psychological tests, case studies<br>- Reliability (test-retest, split-half, internal consistency, inter-rater)<br>- Validity (content, construct, criterion-related, predictive) | 18                           |

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|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| 4                                                                                                                                                                                                                                                                                                                                  | <b>Descriptive Statistics</b> <ul style="list-style-type: none"> <li>- Scales of Measurement: nominal, ordinal, interval, ratio</li> <li>- Frequency distribution and graphical presentation (histogram, bar diagram, frequency polygon, frequency curve)</li> <li>- Measures of Central Tendency: mean, median, mode</li> <li>- Measures of Variability: range, variance, standard deviation, quartile deviation</li> <li>- Measures of Skewness and Kurtosis</li> <li>- Z-scores and standard scores</li> <li>- Applications in psychological data interpretation</li> <li>- Normal probability curve: properties, applications</li> <li>- Correlation: Pearson's product moment, Spearman's rank order, partial and multiple correlation</li> <li>- Regression analysis (simple linear regression)</li> </ul> |    |
| 5                                                                                                                                                                                                                                                                                                                                  | <b>Inferential Statistics</b> <ul style="list-style-type: none"> <li>- Hypothesis testing: levels of significance, Type I and Type II errors, power of a test</li> <li>- Parametric tests: z-test, t-test (independent &amp; paired), one-way ANOVA</li> <li>- Non-parametric tests: Chi-square test, Mann-Whitney U, Wilcoxon signed-rank</li> <li>- Introduction to multivariate statistics: Factor Analysis, MANOVA (conceptual)</li> </ul>                                                                                                                                                                                                                                                                                                                                                                   | 18 |
| <b>Keywords/Tags:</b> <ol style="list-style-type: none"> <li>1. Research Design,</li> <li>2. Hypothesis Testing,</li> <li>3. ANOVA,</li> <li>4. Correlation,</li> <li>5. Grounded Theory,</li> <li>6. Psychological Ethics</li> </ol>                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |    |
| <b>Part C-Learning Resources</b>                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |    |
| <b>Text Books, Reference Books, Other resources</b>                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |    |
| <b>Suggested Readings:</b> <ol style="list-style-type: none"> <li>1. Aron, A., Aron, E.N., &amp; Coups, E.J. (2013). <i>Statistics for the behavioral and social sciences</i> (5th ed.). Pearson.</li> <li>2. Breakwell, G.M., Smith, J.A., &amp; Wright, D.B. (2012). <i>Research methods in psychology</i> (4th ed.).</li> </ol> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |    |

ed.).Sage.

3. Broota, K.D. (1992). *Experimental design in behavioural research*. Wiley Eastern.
4. Cairo, A. (2013). *The Functional Art: An Introduction to Information Graphics and Visualization*. New Riders.
5. Cohen, L., Manion, L., & Morrison, K. (2018). *Research methods in education* (8th ed.). Routledge.
6. Coolican, H. (2018). *Research methods and statistics in psychology* (7th ed.). Routledge.
7. Creswell, J.W., & Creswell, J.D. (2018). *Research design: Qualitative, quantitative, and mixed methods approaches* (5th ed.). Sage.
8. Field, A. (2018). *Discovering statistics using IBM SPSS Statistics* (5th ed.). Sage.
9. Flick, U. (2014). *An introduction to qualitative research* (5th ed.). Sage.
10. Gravetter, F.J., & Wallnau, L.B. (2017). *Research Methods for the Behavioral Sciences* (10th ed.). Cengage.
11. Kerlinger, F. N., & Lee, H. B. (2002). *Foundations of behavioral research* (4th ed.). Harcourt.
12. Siegel, S., & Castellan, N.J. (1988). *Nonparametric statistics for the behavioral sciences* (2nd ed.). McGraw-Hill.
13. Tabachnick, B.G., & Fidell, L.S. (2019). *Using multivariate statistics* (7th ed.). Pearson.
14. Tashakkori, A., & Teddlie, C. (2010). *SAGE handbook of mixed methods in social & behavioral research* (2nd ed.). Sage.
15. Yin, R.K. (2017). *Case Study Research and Applications: Design and Methods*. Sage Publications.
16. कवपल, एच.के. (2020). सांख्यिकी के मूल तत्त्व (सामान्य विज्ञान में)। सिंथोवित सिंकरण, विनोद पुस्तक मिंदर।
17. रहमान, ए. (1995) सामान्य मनोविज्ञान, मोती लाल बनारसीदास, पटना
18. राजेशगडाल, अवमत्कुमार सोनी (2025) मनोविज्ञान के अनुसंधान के आधार, मध्य प्रदेश विश्वविद्यालय, भोपाल
19. साहित्य विषयी (2002) मनोविज्ञान के अनुसंधान पद्धतियाँ, एचपी भाग्यप्रकाशक, अमरा

**Suggestive digital platforms/weblinks**

[https://www.coursera.org/learn/research-](https://www.coursera.org/learn/research-methods)

[methodshhttps://www.datacamp.com/courses/free-introduction-to-](https://www.datacamp.com/courses/free-introduction-to-research)

[r](https://www.youtube.com/watch?v=ZpwZS3XnEZA)

<https://www.youtube.com/watch?v=ZpwZS3XnEZA>

AD

AD

<https://www.coursera.org/learn/data-visualization-tableau><https://flowingdata.com/category/tutorials/><https://nobaaproject.com/modules/research-designs>  
<https://opentextbc.ca/researchmethods/>

**Suggested equivalent online courses:**

[https://onlinecourses.swayam2.ac.in/ecc23\\_hs58/preview](https://onlinecourses.swayam2.ac.in/ecc23_hs58/preview)<https://www.coursera.org/specializations/psychological-research?action=enroll>

**Part D- Assessment and Evaluation**

**Suggested Continuous Evaluation Methods:**

**Maximum Marks: 100**

**Continuous Comprehensive Evaluation (CCE): 40 Marks University Exam (UE): 60 Marks**

|                                                                |                                                                                            |    |
|----------------------------------------------------------------|--------------------------------------------------------------------------------------------|----|
| Internal Assessment: Continuous Comprehensive Evaluation (CCE) | Class Test Assignment/Presentation                                                         | 40 |
| External Assessment: University Exam Section Time: 03.00 Hours | Section (A): Very Short Questions Section (B): Short Questions Section (C): Long Questions | 60 |

**Any remarks/suggestions:**

सैद्धांतिक मनोविज्ञान

| भाग अ-पररचय                                                                    |                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |         |                                           |             |
|--------------------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|-------------------------------------------|-------------|
| कार्यक्रम: दो-शीर्षी जी                                                        |                                                                   | कक्षा: एमए                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | विषय: 1 | सेमेस्टर: 1                               | सि: 2025-26 |
| विषय: नैदानिक मनोविज्ञान                                                       |                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |         |                                           |             |
| 1                                                                              | पाठ्यक्रम कोड                                                     | CC-12                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |         |                                           |             |
| 2                                                                              | पाठ्यक्रम का शीर्षक                                               | मनोविज्ञान की शोध विविधता और सांख्यिकी (सैद्धांतिक)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |         |                                           |             |
| 3                                                                              | पाठ्यक्रम का प्रकार: कोर कोर्स/विवेकपूर्ण/सहायक/वैकल्पिक/इलेक्टिव | कोर कोर्स                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |         |                                           |             |
| 4                                                                              | प्री-रेक्विजिट (Prerequisite)<br>(यदि कोई हो)                     | NIL                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |         |                                           |             |
| 5                                                                              | पाठ्यक्रम अध्ययन की<br>निष्पत्ति (आउटकम) (CLO)                    | विद्यार्थी इस पाठ्यक्रम के अध्ययन के बाद –<br><br>1. मनोवैज्ञानिक अनुसंधान के स्वरूप, उद्देश्य और क्षेत्र को समझ सकेंगे।<br>2. गुणात्मक एवं मात्रात्मक दृष्टिकोणों का अंतर स्पष्ट कर सकेंगे।<br>3. अनुसंधान समस्याओं व परिकल्पनाओं का निर्माण कर सकेंगे।<br>4. विभिन्न अनुसंधान डिज़ाइन और सैम्पलिंग तकनीक का चयन कर सकेंगे।<br>5. अनुसंधान उपकरणों (प्रश्नावली, परीक्षण, साक्षात्कार) का प्रयोग एवं मूल्यांकन कर सकेंगे।<br>6. वर्णनात्मक एवं अनुमानित सांख्यिकी का उपयोग कर सकेंगे।<br>7. SPSS/Excel द्वारा डेटा विश्लेषण कर सकेंगे।<br>8. एपीए (APA) शैली में शोध प्रतिवेदन तैयार कर सकेंगे। |         |                                           |             |
| 6                                                                              | क्रेडिट मान                                                       | 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |         |                                           |             |
| 7                                                                              | कुल अंक                                                           | अधिकतम अंक: 40+60                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |         | न्यूनतम उत्तीर्ण अंक: 24                  |             |
| भाग ब-पाठ्यक्रम की विषयिस्तु                                                   |                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |         |                                           |             |
| व्याख्यान की कुल संख्या-ट्यूटोरियल-प्रायोगिक (प्रवक्तृ सप्ताह घिटेमें): L-T-P: |                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |         |                                           |             |
| इकाई                                                                           |                                                                   | विषय                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |         | व्याख्यान की संख्या<br>(1 घंटा/व्याख्यान) |             |
| 1                                                                              | मनोवैज्ञानिक अनुसंधान की नींव                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 18      |                                           |             |

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|---|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
|   | <ul style="list-style-type: none"> <li>- मनोवैज्ञानिक अनुसंधान का स्वरूप, उद्देश्य व महत्त्व</li> <li>- वैज्ञानिक पद्धति और उसके गुण</li> <li>- अनुसंधान समस्या की पहचान</li> <li>- अच्छी समस्या के मानदंड</li> </ul>                                                                                                                                                                                                                                                                                                                                               |    |
| 2 | <ul style="list-style-type: none"> <li>- अनुसंधान समस्या, परिकल्पना एवं डिज़ाइन</li> <li>- परिकल्पना: अर्थ, लक्षण, प्रकार (दिशात्मक, अदिशात्मक, शून्य, वैकल्पिक)</li> <li>- चर (स्वतंत्र, आश्रित, बाहरी, नियंत्रण)</li> <li>- अनुसंधान डिज़ाइन: प्रायोगिक (सत्य, अर्ध, क्षेत्र, प्रयोगशाला)</li> <li>- अप्रायोगिक: सहसंबंधी, एक्स-पोस्ट-फैक्टो, सर्वेक्षण</li> <li>- अनुदैर्घ्य बनाम अनुप्रस्थ अध्ययन</li> <li>- मिश्रित विधि अनुसंधान</li> <li>- जनसंख्या व नमूना: संकल्पना</li> <li>- प्रायिकता सैम्पलिंग: सरल यादृच्छिक, स्तरीकृत, क्लस्टर, प्रणालीगत</li> </ul> | 18 |
| 3 | <ul style="list-style-type: none"> <li>- सैम्पलिंग एवं डेटा संग्रहण</li> <li>- अप्रायिकता सैम्पलिंग: प्रयोजनमूलक, सुविधा-आधारित, स्नोबॉल, कोटा</li> <li>- डेटा संग्रहण विधियाँ: अवलोकन (प्रतिभागी/अप्रतिभागी, संरचित/असंरचित), साक्षात्कार (संरचित, अर्ध-संरचित, असंरचित), प्रश्नावली, मनोवैज्ञानिक परीक्षण, केस स्टडी</li> <li>- विश्वसनीयता: पुनःपरीक्षण, विभाजित-अर्ध, आंतरिक संगति, परीक्षक-अंतर</li> <li>- वैधता: सामग्री, निर्माण, मापदंड-सम्बंधी, पूर्वानुमानित -</li> </ul>                                                                                 | 18 |

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|   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |    |
|---|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| 4 | <p>मापन के पैमाने: नाममात्र, क्रमिक, अंतराल, अनुपात</p> <ul style="list-style-type: none"> <li>- आवृत्ति वितरण और ग्राफिक प्रस्तुतीकरण (हिस्टोग्राम, बार चार्ट, आवृत्ति बहुभुज, ओगिव, पाई चार्ट)</li> <li>- केंद्रीय प्रवृत्ति के माप: माध्य, माधिका, बहुलक</li> <li>- परिवर्तनशीलता के माप: परास, विचलन, मानक विचलन, चतुर्थक विचलन</li> <li>- विकृति (Skewness) और शिखरता (Kurtosis)</li> <li>- Z-स्कोर एवं मानक स्कोर</li> </ul> <p>मनोवैज्ञानिक आंकड़ों की व्याख्या में उपयोग</p> <p>सामान्य प्रायिकता वक्र: गुणधर्म एवं उपयोग</p> <ul style="list-style-type: none"> <li>- सहसंबंध: पीयर्सन, स्पीयरमैन, आंशिक व बहु-सहसंबंध</li> <li>- प्रतिगमन विश्लेषण (सरल रैखिक)</li> <li>- परिकल्पना परीक्षण: महत्त्व स्तर, प्रकार I व प्रकार II त्रुटि, परीक्षण की शक्ति</li> </ul> | 18 |
| 5 | <p>अनुमानाय सांख्यिकी</p> <ul style="list-style-type: none"> <li>- पैरामीट्रिक परीक्षण: Z-परीक्षण, t-परीक्षण (स्वतंत्र व युग्मित), एकमार्गी ANOVA</li> <li>- अप्रायामी परीक्षण: <math>\chi^2</math>-परीक्षण, मान-व्हिटनी U, विल्कोक्सन 18 रैंक</li> <li>- बहुचर सांख्यिकी की प्रस्तावना: फैक्टर विश्लेषण, MANOVA (केवल संकल्पना स्तर)</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                              |    |
|   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |    |




सारहबिंदु(कीडिय)टैग:

1. अनुसिंमवडजाइन
2. परकलनापरीक्षण
3. एनोिा
4. सहसिबि
5. डिड्योरी
6. मनोिज्ञानकेनैवतकता

भागस-अनुशिंवसतअध्ययनसिसािनि

पाठ्यपुस्तकें,कृतिकें,अन्यसिसािनि

अनुशिंवसतसहायकपुस्तकें/ग्रन्थ/अन्यपाठ्यसिसािनि/पाठ्यसामग्री:

1. Aron,A.,Aron,E.N.,&Coups,E.J.(2013).*Statisticsforthebehavioralandocialsciences* (5thed.).Pearson.
2. Breakwell,G.M.,Smith,J.A.,&Wright,D.B.(2012).*Research methods inpsychology*(4th ed.).Sage.
3. Broota,K.D.(1992).*Experimentaldesigninbehaviouralresearch*.WileyEastern.
4. Cairo,A.(2013).*TheFunctionalArt:AnIntroductiontoInformationGraphicsand Visualization*.NewRiders.
5. Cohen,L.,Manion,L.,&Morrison,K.(2018).*Researchmethodsineducation*(8thed.). Routledge.
6. Coolican,H.(2018).*Researchmethodsandstatisticsinpsychology*(7thed.).Routledge.
7. Creswell,J.W.,&Creswell,J.D.(2018).*Researchdesign:Qualitative,quantitative,and mixedmethodsapproaches*(5thed.).Sage.
8. Field,A.(2018).*DiscoveringstatisticsusingIBMSPSSStatistics*(5thed.).Sage.
9. Flick,U.(2014).*Anintroductiontoqualitativeresearch*(5thed.).Sage.
10. Gravetter,F.J.,&Wallnau,L.B.(2017).*ResearchMethodsfortheBehavioralSciences* (10thed.).Cengage.
11. Kerlinger, F. N., & Lee, H. B. (2002). *Foundations of behavioral research* (4th ed.). Harcourt.

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12. Siegel, S., & Castellan, N. J. (1988). *Nonparametric statistics for the behavioral sciences* (2nd ed.). McGraw-Hill.

13. Tabachnick, B. G., & Fidell, L. S. (2019). *Using multivariate statistics* (7th ed.). Pearson.

14. Tashakkori, A., & Teddlie, C. (2010). *SAGE handbook of mixed methods in social & behavioral research* (2nd ed.). Sage.

15. Yin, R. K. (2017). *Case Study Research and Applications: Design and Methods*. Sage Publications.

16. कवपत, एच.के. (2020). सांख्यिकी के मूल तत्त्व (सामाजिक विज्ञान में)। सिशो विवेक संस्करण, विनोद पुस्तक मिहिर।

17. रहमान, ए. (1995) सामान्य मनोविज्ञान, मोती लाल बनारसीदास, पटना

18. राजेशगडाल, अवमंत कुमार सोनी (2025) मनोविज्ञान के अनुसंधान के आधार, मध्य प्रदेश विश्वविद्यालय।

19. लालिचन विपरीत (2002) मनोविज्ञान के अनुसंधान पद्धतियाँ, एचपी भाग्यप्रकाशक, अगर।

<https://www.coursera.org/learn/research-methods>  
<https://www.datacamp.com/courses/free-introduction-to-r>  
<https://www.youtube.com/watch?v=ZpwZS3XnEZA>  
<https://www.coursera.org/learn/data-visualization-tableau>  
<https://flowingdata.com/category/tutorials/>  
<https://nobaproject.com/modules/research-designs>

<https://opentextbc.ca/researchmethods/>

अनुशिवसत समकक्ष ऑनलाइन पाठ्यक्रम:

[https://onlinecourses.swayam2.ac.in/cec23\\_lis58/preview](https://onlinecourses.swayam2.ac.in/cec23_lis58/preview)  
<https://www.coursera.org/specializations/psychological-research?action=enroll>

### भागद-अनुशिवसत मूल्यांकन विविधियाँ:

अनुशिवसत सतत मूल्यांकन विविधियाँ:

अधिकतम अंक: 100

सतत व्यापक मूल्यांकन (CCE) अंक: 40 विश्वविद्यालयीन परीक्षा (UE) अंक: 60

|                                                   |                                                                                    |    |
|---------------------------------------------------|------------------------------------------------------------------------------------|----|
| आंतरिक मूल्यांकन:<br>सतत व्यापक मूल्यांकन (CCE):  | क्वास्टेस्ट<br>असाइनमेंट प्रस्तुतीकरण (प्रेजेंटेशन)                                | 40 |
| आकलन : विश्वविद्यालयीन परीक्षा:<br>समय-03.00 घंटे | अनुभाग (अ): अवतल प्रश्न अनुभाग (ब): लघु प्रश्न<br>अनुभाग (स): दीर्घ उत्तरीय प्रश्न | 60 |

कॉर्डेल पण/सुझाव:


# Practicum Course

| Part A Introduction          |                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |         |                        |
|------------------------------|-------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|------------------------|
| Program: 2-Year PG           |                                                                                                             | Class: M.A.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Year: I | Semester I             |
| Session: 2025-26             |                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |         |                        |
| Subject: Clinical Psychology |                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |         |                        |
| 1                            | Course Code                                                                                                 | PC-12                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |         |                        |
| 2                            | Course Title                                                                                                | Practicum on Psychological Research and Statistics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |         |                        |
| 3                            | Course Type (Core Course/<br>Discipline Specific<br>Elective/Elective/Generic<br>Elective/Vocational/.....) | Practicum Course                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |         |                        |
| 4                            | Pre-requisite (if any)                                                                                      | NIL                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |         |                        |
| 5                            | Course Learning outcomes (CLO)                                                                              | <p>Students will be able to:</p> <ol style="list-style-type: none"> <li>1. Formulate research problems and hypotheses.</li> <li>2. Collect psychological data using surveys and questionnaires.</li> <li>3. Apply descriptive statistics manually and through SPSS/Excel.</li> <li>4. Use inferential statistical tests (Correlation, t-test, ANOVA, Chi-square).</li> <li>5. Prepare and present a mini research project report (APA style).</li> <li>6. Apply theoretical statistical knowledge to real-life data.</li> <li>7. Conduct small-scale psychological research independently.</li> <li>8. Use SPSS/Excel for analysis and interpretation..</li> </ol> |         |                        |
| 6                            | Credit Value                                                                                                | 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |         |                        |
| 7                            | Total Marks                                                                                                 | Max. Marks: 40+60                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |         | Min. Passing Marks: 40 |

| Part B-Content of the Course                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                   |
|----------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|
| Total No. of Lectures-Tutorials-Practical (in hours per week): |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                   |
| L-T-P:                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                   |
| Unit                                                           | Topics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | No. of Lectures<br>(2 Hours Each) |
| Part A (Any Six)                                               | <p><i>Each student must perform and report on at least 6 of the following analyses.</i></p> <ol style="list-style-type: none"> <li>1. Descriptive statistics: Mean, median, mode, standard deviation, variance</li> <li>2. z-test and t-tests (independent, paired)</li> <li>3. One-way and Two-way ANOVA</li> <li>4. Non-parametric tests: Chi-square, Mann-Whitney U, Wilcoxon signed-rank</li> <li>5. Pearson and Spearman correlation</li> <li>6. Linear and multiple regression</li> <li>7. Reliability analysis: Cronbach's alpha</li> <li>8. Data transformation and standardization (Z-scores, T-scores)</li> <li>9. Formulation of at least 2 research problems.</li> <li>10. Writing hypotheses (directional, non-directional, null).</li> <li>11. Designing an experiment (minimum 2 variables).</li> <li>12. Preparation of questionnaires/scales.</li> <li>13. Data collection from minimum 30–50 participants.</li> </ol> | 30                                |
|                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                   |
| Part B ANY TWO                                                 | <p><b>Descriptive Statistics</b></p> <ol style="list-style-type: none"> <li>1. Calculation of Mean, Median, Mode.</li> <li>2. Calculation of Variance, SD, Quartile Deviation.</li> <li>3. Graphical presentation: histogram, pie chart, ogive.</li> <li>4. Calculation of Z-scores, Skewness, Kurtosis.</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 20                                |

|                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                |   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|
| PartC(AnyOne)                                                                                                                                                                                             | <b>Inferential Statistics</b> <ol style="list-style-type: none"> <li>1. Correlation (Pearson, Spearman).</li> <li>2. Regression (manual and SPSS).</li> <li>3. t-tests (independent, paired).</li> <li>4. One-way ANOVA (SPSS-based).</li> <li>5. Chi-square test of independence.</li> <li>6. Optional: Mann-Whitney U / Wilcoxon signed-rank test</li> </ol> | 5 |
| PartD(anyone)                                                                                                                                                                                             | <p>– Report Writing</p> <p>Mini-research project (30–40 pages).</p> <p>APA style formatting (7th edition).</p> <p>Report presentation +</p>                                                                                                                                                                                                                    | 5 |
|                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                |   |
| <b>Keywords/Tags:</b> <ol style="list-style-type: none"> <li>1. QuantitativeAnalysis</li> <li>2. QualitativeResearch</li> <li>3. SPSS</li> <li>4. DataVisualization</li> <li>5. ResearchEthics</li> </ol> |                                                                                                                                                                                                                                                                                                                                                                |   |
| <b>PartC-LearningResources</b>                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                |   |
| <b>TextBooks,ReferenceBooks,Otherresources</b>                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                |   |

### Suggested Readings:

1. American Psychological Association. (2020). Publication manual of the American Psychological Association (7th ed.). APA.
2. Bem, D. J. (2003). Writing the Empirical Journal Article. In J. M. Darley, M. P. Zanna, & H. L. Roediger III (Eds.), *The Complete Academic: A Practical Guide for the Beginning Social Scientist* (2nd ed.). American Psychological Association.
3. Braun, V., & Clarke, V. (2013). *Successful qualitative research: A practical guide for beginners*. Sage.
4. Breakwell, G. M., Smith, J. A., & Wright, D. B. (2012). *Research methods in psychology* (4th ed.). Sage.
5. Cairo, A. (2013). *The Functional Art: An Introduction to Information Graphics and Visualization*. New Riders.
6. Few, S. (2012). *Show Me the Numbers: Designing Tables and Graphs to Enlighten*. Analytics Press.
7. Field, A. (2018). *Discovering statistics using IBM SPSS Statistics* (5th ed.). Sage.
8. Gravetter, F. J., & Wallnau, L. B. (2017). *Statistics for the behavioral sciences* (10th ed.). Cengage.
9. Mitchell, M. L., & Jolley, J. M. (2012). *Writing for psychology* (4th ed.). Wadsworth/Cengage Learning.

10. Silvia, P. J. (2018). *How to write a lot: A practical guide to productive academic writing* (2nd ed.). American Psychological Association.
11. Swales, J. M., & Feak, C. B. (2012). *Academic writing for graduate students: Essential tasks and skills* (3rd ed.). University of Michigan Press.
12. Tashakkori, A., & Teddlie, C. (2010). *SAGE handbook of mixed methods in social & behavioral research* (2nd ed.). Sage.
13. साहित्यविद्यापीठ, (2002) मनोविज्ञानादिक अनुसंधान पद्धतयाँ, एचपी भागपिप्रकाशक, आगरा

### Suggested digital platforms/weblinks

<https://www.coursera.org/learn/research-methods>  
<https://www.datacamp.com/courses/free-introduction-to-r>  
<https://www.youtube.com/watch?v=ZpwZS3XnEZ>  
<https://www.coursera.org/learn/data-visualization-tableau>  
<https://flowingdata.com/category/tutorials/>  
<https://nobarproject.com/modules/research-designs>



|                                                                                                                            |    |                       |    |
|----------------------------------------------------------------------------------------------------------------------------|----|-----------------------|----|
| Assignments(Charts/ModelSeminar/Rural Service/TechnologyDissemination/Reportof Excursion/LabVisits/Survey/Industrialvisit) | 10 | Tablework/Experiments | 10 |
| TOTAL                                                                                                                      | 40 |                       | 60 |
| Anyremarks/suggestions:                                                                                                    |    |                       |    |



**प्रायोगिकप्रश्नपि**

| भागअ-पररचय                                                        |                                                        |                                                                                                                                                                                                                                                       |                       |                                    |            |
|-------------------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------------------------------|------------|
| काययक्रम:शो:पीपीजी                                                |                                                        | कक्षा:एमए                                                                                                                                                                                                                                             | िषय:1                 | सेमेस्टर1                          | सि:2025-26 |
| विषय: नैदानिक " मनोविज्ञान                                        |                                                        |                                                                                                                                                                                                                                                       |                       |                                    |            |
| 1                                                                 | पाठ्यक्रमकोड                                           | PC-12                                                                                                                                                                                                                                                 |                       |                                    |            |
| 2                                                                 | पाठ्यक्रमकाशीषण                                        | प्रायोगिकमनोिज्ञानकशोिणिंसांिव्यकीय                                                                                                                                                                                                                   |                       |                                    |            |
| 3                                                                 | पाठ्यक्रमकाप्रकार:(कोरकोसय/वडवसवलतनस्पेसदिकइलेक्ट्रिक) | प्रैक्टिकलकोसय                                                                                                                                                                                                                                        |                       |                                    |            |
| 4                                                                 | िपि: (Prerequisite)<br>(पददकोईहो)                      | NIL                                                                                                                                                                                                                                                   |                       |                                    |            |
| 5                                                                 | पाठ्यक्रमअध्ययनकी<br>(कोसयतर्निगआउटकम)(CLO)            | <ul style="list-style-type: none"><li>• अनुसंधान समस्या व परिकल्पना का निर्माण।</li><li>• डेटा संग्रहण एवं प्रबंधन।</li><li>• वर्णनात्मक व अनुमानीय सांख्यिकी का प्रयोग।</li><li>• SPSS/Excel से विश्लेषण।</li><li>• लघु शोध-प्रतिवेदन लेखन</li></ul> |                       |                                    |            |
| 6                                                                 | क्रेडिटमान                                             | 4                                                                                                                                                                                                                                                     |                       |                                    |            |
| 7                                                                 | कुल अंक                                                | अधिकतमअंक:40+60                                                                                                                                                                                                                                       | न्यूनतमउत्तीर्णअंक:40 |                                    |            |
| भागब-पाठ्यक्रमकीविषयिस्तु                                         |                                                        |                                                                                                                                                                                                                                                       |                       |                                    |            |
| व्यापानकीकुलसिंया-ट्यूटोररयल-प्रायोगिक(प्रवतसप्ताहघिटेमें):L-T-P: |                                                        |                                                                                                                                                                                                                                                       |                       |                                    |            |
| इकाई                                                              | विषय                                                   |                                                                                                                                                                                                                                                       |                       | व्यापानकी सिंया<br>(2घिटे/व्यापान) |            |
| भागअ(कोईछः)                                                       |                                                        |                                                                                                                                                                                                                                                       |                       | 30                                 |            |
|                                                                   | अनुसंधान प्रक्रिया                                     |                                                                                                                                                                                                                                                       |                       |                                    |            |
|                                                                   | 1. कम से कम 2 अनुसंधान समस्याओं का निर्माण।            |                                                                                                                                                                                                                                                       |                       |                                    |            |
|                                                                   | 2. शून्य व वैकल्पिक परिकल्पनाओं का निर्माण।            |                                                                                                                                                                                                                                                       |                       |                                    |            |
|                                                                   | 3. 2 चर के साथ एक लघु प्रयोग की रूपरेखा।               |                                                                                                                                                                                                                                                       |                       |                                    |            |
|                                                                   | 4. प्रश्नावली या मापनी का निर्माण।                     |                                                                                                                                                                                                                                                       |                       |                                    |            |
|                                                                   | • 30-50 प्रतिभागियों से डेटा संग्रह।।                  |                                                                                                                                                                                                                                                       |                       |                                    |            |

11

11

|                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                           |    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| भागबी(कोईचार)                                                                                                                                                                                                 | <p>- वर्णनात्मक सांख्यिकी</p> <ol style="list-style-type: none"> <li>1. माध्य, माधिका, बहुलक की गणना।</li> <li>2. विचलन, मानक विचलन, चतुर्थक विचलन।</li> <li>3. ग्राफ: हिस्टोग्राम, पाई चार्ट, ओगिव।</li> </ol> <p>Z-स्कोर, विकृति, शिखरता।</p>                                                                                           | 20 |
| भागसी(कोईएक)                                                                                                                                                                                                  | <p>अनुमानाय सांख्यिकी</p> <ol style="list-style-type: none"> <li>1. सहसंबंध (पीयर्सन, स्पीयरमैन)।</li> <li>2. प्रतिगमन विश्लेषण (मैनुअल + SPSS)।</li> <li>3. t-परीक्षण (स्वतंत्र, युग्मित)।</li> <li>4. एकमार्गी ANOVA (SPSS द्वारा)।</li> <li>5. <math>\chi^2</math>-परीक्षण।</li> </ol> <p>1. वैकल्पिक: मान-व्हिटनी U / विल्कोक्सन।</p> | 5  |
| भागडी(                                                                                                                                                                                                        | <p>- प्रतिवेदन लेखन व मौखिक परीक्षा</p> <ol style="list-style-type: none"> <li>1. 30-40 पृष्ठ का लघु शोध-प्रतिवेदन।</li> <li>2. एपीए (APA, 7th edition) शैली में प्रारूपण।</li> <li>3. मौखिक परीक्षा (Viva voce) और प्रस्तुति</li> </ol>                                                                                                  | 5  |
| <p>सारहबिदु(कीडिय)टैग:</p> <ol style="list-style-type: none"> <li>1. माात्मकविश्लेषण</li> <li>2. गुणात्मकअनुसिािन</li> <li>3. एसपीएसएस</li> <li>4. डेटाकावचित्मकवनरूपण</li> <li>5. अनुसिािननैवतकता</li> </ol> |                                                                                                                                                                                                                                                                                                                                           |    |
| <p>भागस-अनुशिवसतअध्ययनसिसाििन</p> <p>पाठ्यपुस्तकें, किस्तकें, अन्यसिसाििन</p>                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                           |    |




अनुशिवसतसहायकपुस्तके/ग्रन्थ/अन्यपाठ्यसिंसांन/पाठ्यसामग्री:

1. American Psychological Association. (2020). Publication manual of the American Psychological Association (7th ed.). APA.
2. Bem, D. J. (2003). Writing the Empirical Journal Article. In J. M. Darley, M. P. Zanna, & H. L. Roediger III (Eds.), The Complete Academic: A Practical Guide for the Beginning Social Scientist (2nd ed.). American Psychological Association.
3. Braun, V., & Clarke, V. (2013). Successful qualitative research: A practical guide for beginners. Sage.
4. Breakwell, G. M., Smith, J. A., & Wright, D. B. (2012). Research methods in psychology (4th



ed.), Sage.

5. Cairo, A. (2013). The Functional Art: An Introduction to Information Graphics and Visualization. New Riders.
6. Few, S. (2012). Show Me the Numbers: Designing Tables and Graphs to Enlighten. Analytics Press.
7. Field, A. (2018). Discovering statistics using IBM SPSS Statistics (5th ed.). Sage.
8. Gravetter, F. J., & Wallnau, L. B. (2017). Statistics for the behavioral sciences (10th ed.). Cengage.
9. Mitchell, M. L., & Jolley, J. M. (2012). Writing for psychology (4th ed.). Wadsworth/Cengage Learning.
10. Silvia, P. J. (2018). How to write a lot: A practical guide to productive academic writing (2nd ed.). American Psychological Association.
11. Swales, J. M., & Feak, C. B. (2012). Academic writing for graduate students: Essential tasks and skills (3rd ed.). University of Michigan Press.
12. Tashakkori, A., & Teddlie, C. (2010). SAGE handbook of mixed methods in social & behavioral research (2nd ed.). Sage.
13. लालिचन विपाठी, (2002) मनोविज्ञानक अनुसन्धान पद्धतयाँ, एवपीभाषा प्रकाशक, आगरा

अनुशिवसतवडवजटललेटामय/िबहलिक:

<https://www.coursera.org/learn/research-methods>  
<https://www.datacamp.com/courses/free-introduction-to-r>  
<https://www.youtube.com/watch?v=ZpwZS3XnEZA>  
<https://www.coursera.org/learn/data-visualization-tableau>  
<https://flowingdata.com/category/tutorials/>  
<https://nobaproject.com/modules/research-designs>

अनुशिवसतसमकक्षऑनलाइनपाठ्यक्रम:

[https://onlinecourses.swavam2.ac.in/cec23\\_hs58/preview](https://onlinecourses.swavam2.ac.in/cec23_hs58/preview)  
<https://www.coursera.org/specializations/psychological-research?action=enroll>



भागद-अनुशिवसतमूल्यांकनविवियां:

| आतिररकमूल्यांकन                                                                                                            | अंक | बाह्यमूल्यांकन     | अंक |
|----------------------------------------------------------------------------------------------------------------------------|-----|--------------------|-----|
| कक्षासहभावगताप्रश्नोत्तरी                                                                                                  | 20  | प्रायोगकसौवखकीांयि | 40  |
| उपवस्थवत                                                                                                                   | 10  | प्रायोगकररकोडिदिइल | 10  |
| असाइनमेंसचाटय/मॉडल/सेबमतार/प्राप्तीण<br>सेािाप्रोद्योगकीप्रसार/शैक्षवणकभ्रमण<br>ररपोटय/प्रयोगशालाभ्रमण/सिद्धण/ओद्योगकभ्रमण | 10  | टेबलब्रिपोग        | 10  |
| कुलअंक                                                                                                                     | 40  |                    | 60  |

कोईरटलपणी/सुझां:

## Seminar

| Part A Introduction                                            |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                        |                  |
|----------------------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------|
| Program: 2-Year<br>PG                                          | Class: M.A.                                                 | Year: I                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Semester: I            | Session: 2025-26 |
| Subject: Clinical Psychology                                   |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                        |                  |
| 1                                                              | Course Code                                                 | Seminar                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                        |                  |
| 2                                                              | Course Title                                                | Student Seminar on psychology                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                        |                  |
| 3                                                              | Course Type (Core Course/<br>Discipline Specific Elective/) | Seminar                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                        |                  |
| 4                                                              | Pre-requisite (if any)                                      | NIL                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                        |                  |
| 5                                                              | Course Learning outcomes (CLO)                              | <p style="text-align: center;">Students will be able to:</p> <ol style="list-style-type: none"> <li>1. Develop skills in academic presentation and communication.</li> <li>2. Critically review and present research articles, case studies, or theoretical topics.</li> <li>3. Engage in group discussion and constructive feedback.</li> <li>4. Relate clinical cases or psychological theories to real-life situations.</li> <li>5. Improve confidence in public speaking and academic defense.</li> </ol> |                        |                  |
| 6                                                              | Credit Value                                                | 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |                  |
| 7                                                              | Total Marks                                                 | Max. Marks: 100                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Min. Passing Marks: 40 |                  |
| Part B-Content of the Course                                   |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                        |                  |
| Total No. of Lectures-Tutorials-Practical (in hours per week): |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                        |                  |
| L-T-P:                                                         |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                        |                  |




|  | Suggested Topics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | No. of Lectures<br>(1 Hour Each) |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|
|  | <p>Each student must present one seminar per semester on any of the following areas (topics may be chosen by the student with faculty approval):</p> <ol style="list-style-type: none"> <li>1. Theoretical Topics in Clinical Psychology <ul style="list-style-type: none"> <li>○ Personality theories, Psychopathology, Cognitive-Behavioral models, Psychotherapy approaches.</li> </ul> </li> <li>2. Recent Research Trends <ul style="list-style-type: none"> <li>○ Presentation of a published research article from peer-reviewed journals.</li> <li>○ Critical review of methodology, findings, and implications.</li> </ul> </li> <li>3. Case Study Presentation <ul style="list-style-type: none"> <li>○ Detailed case history, assessment results, and management plan.</li> <li>○ Integration of theory with practical clinical work.</li> </ul> </li> <li>4. Dissertation Proposal Discussion (Optional, if applicable)</li> </ol> <p>Brief outline of research problem, objectives, methods, and expected outcomes.</p> |                                  |
|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                  |
|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                  |




**Keywords/Tags:**

1. Seminar Presentation
2. Clinical psychopathology
3. Evidence-based interventions
4. Psychotherapy models
5. Transference and countertransference
6. Diagnostic formulation
7. Therapeutic alliance
8. Personality disorders
9. Neurocognitive deficits

**Part C-Learning Resources**

**Text Books, Reference Books, Other resources**

**Suggested Readings:**

1. American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). American Psychological Association.
2. Booth, W. C., Colomb, G. G., & Williams, J. M. (2016). *The craft of research* (4th ed.). University of Chicago Press.
3. Creswell, J. W., & Creswell, J. D. (2018). *Research design: Qualitative, quantitative, and mixed methods approaches* (5th ed.). Sage Publications.
4. Day, R. A., & Gastel, B. (2012). *How to write and publish a scientific paper* (7th ed.). Cambridge University Press.
5. Galvan, J. L., & Galvan, M. C. (2017). *Writing literature reviews: A guide for students of the social and behavioral sciences* (7th ed.). Routledge.
6. Lunenburg, F. C., & Irby, B. J. (2008). *Writing a successful thesis or dissertation: Tips and*

Two handwritten signatures are present at the bottom of the page. The signature on the left is a stylized, cursive 'A' followed by a horizontal line. The signature on the right is a more complex, cursive mark that appears to be a name or initials.

*strategies for students in the social and behavioral sciences*. Corwin Press.

7. Silvia, P.J. (2007). *How to write a lot: A practical guide to productive academic writing*. American Psychological Association.
8. Turabian, K.L. (2018). *A manual for writers of research papers, theses, and dissertations* (9th ed.). University of Chicago Press.

Suggested digital platforms/weblinks

Suggested equivalent online courses:

#### Part D - Assessment and Evaluation

Suggested Continuous Evaluation Methods:  
Maximum Marks: 100

|                                                                |                                    |     |
|----------------------------------------------------------------|------------------------------------|-----|
| Internal Assessment: Continuous Comprehensive Evaluation (CCE) | Class Test Assignment/Presentation | 100 |
| External Assessment:                                           |                                    | 0   |

Any remarks/suggestions:



सिंगोष्ठी

| भागअ-पररचय                                                       |                                                  |                                                                                                                                                                                                                                                                                                                                                                               |        |                       |            |
|------------------------------------------------------------------|--------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|-----------------------|------------|
| काययक्रम:दो-बीयपीजी                                              |                                                  | कक्षा:एमए                                                                                                                                                                                                                                                                                                                                                                     | विषय:1 | सेमेस्टर:1            | सि:2025-26 |
| विषय: नैदानिक मनोविज्ञान                                         |                                                  |                                                                                                                                                                                                                                                                                                                                                                               |        |                       |            |
| 1                                                                | पाठ्यक्रमकोड                                     | सेवमनार                                                                                                                                                                                                                                                                                                                                                                       |        |                       |            |
| 2                                                                | पाठ्यक्रमशीर्षक                                  | मनोविज्ञानमेंविद्यार्थीसिंगोष्ठी                                                                                                                                                                                                                                                                                                                                              |        |                       |            |
| 3                                                                | पाठ्यक्रमकाप्रकार:कोरकोसयवडक्सदलतनस्पेसदिकइतेवकि | सेवमनार                                                                                                                                                                                                                                                                                                                                                                       |        |                       |            |
| 4                                                                | प्री-प्रैक्स(Prerequisite)<br>(यददकोईहो)         | NIL                                                                                                                                                                                                                                                                                                                                                                           |        |                       |            |
| 5                                                                | पाठ्यक्रमअध्ययन की<br>क्रोसपलर्निंगआउटकम)(CLO)   | इस पाठ्यक्रम के अंत में विद्यार्थी –<br><br>1. शैक्षणिक प्रस्तुतीकरण एवं संचार कौशल विकसित करेंगे।<br>2. शोध आलेख, केस स्टडी अथवा सैद्धांतिक विषयों की समीक्षा व प्रस्तुति कर सकेंगे।<br>3. समूह चर्चा में भाग लेकर रचनात्मक प्रतिक्रिया दे सकेंगे।<br>4. सिद्धांतों को नैदानिक व्यवहार से जोड़ सकेंगे।<br>5. सार्वजनिक बोलने व शैक्षणिक विवेचना में आत्मविश्वास बढ़ा सकेंगे। |        |                       |            |
| 6                                                                | क्रेडिटमान                                       | 2                                                                                                                                                                                                                                                                                                                                                                             |        |                       |            |
| 7                                                                | कुल अंक                                          | अधिकतमअंक:100                                                                                                                                                                                                                                                                                                                                                                 |        | न्यूनतमउत्तीर्णअंक:40 |            |
| भागब-पाठ्यक्रमकीविषयिस्तु                                        |                                                  |                                                                                                                                                                                                                                                                                                                                                                               |        |                       |            |
| व्यायनकीकुलसिंया-ट्यूटोररयल-प्रायोवगक(प्रवतसप्ताहघिटेमें):L-T-P: |                                                  |                                                                                                                                                                                                                                                                                                                                                                               |        |                       |            |
| अनुशिवसतविषय                                                     |                                                  |                                                                                                                                                                                                                                                                                                                                                                               |        |                       |            |
|                                                                  |                                                  |                                                                                                                                                                                                                                                                                                                                                                               |        |                       |            |
|                                                                  |                                                  |                                                                                                                                                                                                                                                                                                                                                                               |        |                       |            |

भागस-अनुशिवसतअध्ययनसिसािन

पाठ्यपुस्तकेकेअन्यसिसािन

अनुशिवसतसहायकपुस्तके/ग्रन्थ/अन्यपाठ्यसिसािन/पाठ्यसामग्री:

1. AmericanPsychologicalAssociation.(2020).*Publication manual of the American PsychologicalAssociation*(7thed.).AmericanPsychologicalAssociation.
2. Booth,W.C.,Colomb,G.G.,&Williams,J.M.(2016).*Thecraftofresearch*(4thed.). UniversityofChicagoPress.
3. Creswell,J.W.,&Creswell,J.D.(2018).*Researchdesign:Qualitative,quantitative,and mixed methods approaches*(5thed.).SagePublications.
4. Day,R.A.,&Gastel,B.(2012).*Howtowriteandpublishascientificpaper*(7thed.). CambridgeUniversityPress.
5. Galvan,J.L.,&Galvan,M.C.(2017).*Writingliteraturereviews:Aguideforstudentsofthe socialandbehavioralsciences*(7thed.).Routledge.
6. Lunenburg,F.C.,&Irby,B.J.(2008).*Writingasuccessfulthesisordissertation:Tipsand strategiesforstudentsinthesocialandbehavioralsciences*.CorwinPress.
7. Silvia,P.J.(2007).*How to write a lot: A practical guide to productive academic writing*. AmericanPsychologicalAssociation.
8. Turabian,K.L.(2018).*Amanualforwritersofresearchpapers,theses,anddissertations* (9thed.).UniversityofChicagoPress.

अनुशिवसतवडवजटललेटिऑमयिबहलिक

अनुशिवसतसमकक्षऑनलाइनपाठ्यक्रम:

भागद-अनुशिवसतमूल्यांकनविवियां:

अनुशिवसतसतमूल्यांकनविवियां:

अविकतमअंक:100

|                  |     |
|------------------|-----|
| आंतररकमूल्यांकन: | 100 |
| कोईरटलपणी/सुझां: |     |

TheoryPaper

| PartAIntroduction            |            |        |            |                 |
|------------------------------|------------|--------|------------|-----------------|
| Program:2-Year PG            | Class:M.A. | Year:I | Semester:2 | Session:2025-26 |
| Subject: Clinical Psychology |            |        |            |                 |

| 1                                                       | CourseCode                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | CC-21                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                     |
|---------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| 2                                                       | CourseTitle                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | TheoriesofPersonality(Theory)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                     |
| 3                                                       | CourseType(Core Course/<br>DisciplineSpecificElective/)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | CoreCourse                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                     |
| 4                                                       | Pre-requisite(ifany)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | NIL                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                     |
| 5                                                       | Course Learning outcomes (CLO)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <p>On completion of this course, students will be able to:</p> <ol style="list-style-type: none"> <li>1. Define and explain the concept, nature, and scope of personality.</li> <li>2. Understand major classical, trait, humanistic, behavioral, cognitive, biological, and cultural theories of personality.</li> <li>3. Apply personality theories in understanding human behavior and clinical case formulations.</li> <li>4. Critically analyze strengths and limitations of various theories.</li> <li>5. Evaluate Indian perspectives (Triguna, Yoga, Ayurveda) on personality.</li> <li>6. Relate theories of personality to psychological assessment and therapy.</li> </ol> |                     |
| 6                                                       | CreditValue                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                     |
| 7                                                       | TotalMarks                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Max.Marks:40+60                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Min.PassingMarks:40 |
| <b>PartB-ContentoftheCourse</b>                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                     |
| TotalNo.ofLectures-Tutorials-Practical(inhoursperweek): |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                     |
| <b>L-T-P:</b>                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                     |
| Unit                                                    | Topics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | No.ofLectures<br>(1HourEach)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                     |
| 1                                                       | <ul style="list-style-type: none"> <li>- Introduction &amp; Classical Theories<br/>Meaning, definition, and scope of personality</li> <li>- Structure and dynamics of personality</li> <li>- Sigmund Freud: Topographical and Structural model (id, ego, superego); psychosexual stages; defense mechanisms</li> <li>- Neo-Freudians: Carl Jung (Analytical Psychology – archetypes, collective unconscious); Alfred Adler (Individual Psychology – inferiority complex, striving for superiority); Karen Horney (basic anxiety, neurotic needs); Erik Erikson (psychosocial</li> </ul> | 18                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                     |

|   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |    |
|---|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
|   | stages of development)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |    |
| 2 | <p>Trait and Type Theories- Gordon Allport: personal dispositions, cardinal/central/secondary traits, functional autonomy</p> <ul style="list-style-type: none"> <li>- Raymond Cattell: 16 Personality Factor model, surface vs source traits</li> <li>- Hans Eysenck: PEN model (Psychoticism, Extraversion, Neuroticism); biological basis</li> <li>- Five Factor Model (Big Five: Openness, Conscientiousness, Extraversion, Agreeableness, Neuroticism)</li> <li>- William Sheldon: Constitutional types (endomorph, mesomorph, ectomorph)</li> </ul> | 18 |
| 3 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 18 |

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Part C-Learning Resources

Text Books, Reference Books, Other resources

Suggested Readings:

1. Cloninger, S. C. (2012). *Theories of personality: Understanding persons* (6th ed.). Pearson Education.
2. Cornelissen, R. M. M., Misra, G., & Varma, S. (2014). *Foundations and application of Indian psychology* (Vol. 1). Pearson Education India.
3. Feist, J., Feist, G. J., & Roberts, T. (2018). *Theories of personality* (9th ed.). McGraw-Hill Education.
4. Hall, C. S., Lindzey, G., & Campbell, J. B. (2007). *Theories of personality* (4th ed.). India: Wiley.
5. Kundu, C. L. (1989). *Personality development*. New Delhi, India: Sterling Publishers.
6. Larsen, R. J., & Buss, D. M. (2013). *Personality psychology: Domains of knowledge about human nature* (5th ed.). New York, NY: McGraw-Hill.
7. McAdams, D. P. (2020). *The person: A new introduction to personality psychology* (6th ed.). Wiley.
8. Mischel, W., Shoda, Y., & Smith, R. E. (2004). *Introduction to personality*. Hoboken, NJ: John Wiley & Sons.
9. Olson, M. H., & Hergenhahn, B. R. (2010). *An introduction to theories of personality* (8th ed.). Pearson.
10. Paranjpe, A. C. (2000). *Self and identity in modern psychology and Indian thought*. Kluwer Academic Publishing.
11. Ranganathananda, S. (2000). *The message of the Upanishads*. Bharatiya Vidya Bhavan.
12. Rao, K. R., & Paranjpe, A. C. (2016). *Psychology in the Indian tradition*. Springer.
13. Ryckman, R. M. (2008). *Theories of personality* (9th ed.). Cengage Learning.
14. Schultz, D. P., & Schultz, S. E. (2021). *Theories of personality* (11th ed.). Cengage Learning.
15. Sharma, S. (1999). *Indian concept of personality: A psychological perspective*. Concept Publishing Company.
16. अग्रवाल, एम., & सक्सेना, के. (1999). *व्यक्ति-मनोविज्ञान*. नई दिल्ली: राजकमल प्रकाशन.
17. अरुण कुमार हंसिंह. (2021). *व्यक्ति-मनोविज्ञान*. Patna, India: Motilal Banarsi Das.
18. आर. एन. हंसिंह. (n.d.). *व्यक्ति-मनोविज्ञान*. Patna, Motilal Banarsi Das.
19. हंसिंह, जे. (2010). *व्यक्ति-मनोविज्ञान में नुअल*. नई दिल्ली: राजकमल प्रकाशन.

Suggested digital platforms/weblinks



[https://www.bharathuniv.ac.in/colleges1/downloads/courseware\\_ece/notes/BSS201%20-%20PERSONALITY.pdf](https://www.bharathuniv.ac.in/colleges1/downloads/courseware_ece/notes/BSS201%20-%20PERSONALITY.pdf)  
<https://docs.noc.ac.in/website/SDF/sde203.pdf>

Suggested equivalent online courses:

<https://www.edx.org/learn/human-psychology/universita-degli-studi-di-napoli-federico-ii-introduction-to-psychology-of-personality> [https://onlinecourses.nptel.ac.in/noc25\\_his67/preview](https://onlinecourses.nptel.ac.in/noc25_his67/preview) <https://www.coursera.org/learn/personality-types-at-work>

#### Part D - Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 100

Continuous Comprehensive Evaluation (CCE): 40 Marks University Exam (UE): 60 Marks

|                                                                |                                                                                            |    |
|----------------------------------------------------------------|--------------------------------------------------------------------------------------------|----|
| Internal Assessment: Continuous Comprehensive Evaluation (CCE) | Class Test Assignment/Presentation                                                         | 40 |
| External Assessment: University Exam Section Time: 03.00 Hours | Section (A): Very Short Questions Section (B): Short Questions Section (C): Long Questions | 60 |

Any remarks/suggestions:



| भाग अ-परिचय                                            |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                          |            |
|--------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|------------|
| काययक्रम:दो िषीयपी.जी.                                 |                                                                                                                                                                                 | कक्षा:एमए                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | िषय:II                   | सेमेस्टर:2 |
| सि:2025-26                                             |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                          |            |
| विषय: नैदानिक"मनोविज्ञान                               |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                          |            |
| 1                                                      | पाठ्यक्रमका कोड                                                                                                                                                                 | CC-21                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                          |            |
| 2                                                      | पाठ्यक्रमका शीर्षक                                                                                                                                                              | व्यक्तिके                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                          |            |
| 3                                                      | पाठ्यक्रमका प्रकार: (कोर कोर्स या वैकल्पिक तत्वनस्पेसदिक इलेक्टिव)                                                                                                              | कोर कोर्स                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                          |            |
| 4                                                      | प्राथमिक (Prerequisite)<br>(पदद कोई हो)                                                                                                                                         | NIL                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                          |            |
| 5                                                      | पाठ्यक्रमअध्ययन की<br>कोस्यतीर्ण आउटकम)(CLO)                                                                                                                                    | विद्यार्थी इस पाठ्यक्रम के अध्ययन के बाद –<br><br>1. व्यक्तित्व की परिभाषा, स्वरूप और क्षेत्र को समझ सकेंगे।<br>2. प्रमुख पारंपरिक एवं आधुनिक व्यक्तित्व सिद्धांतों का ज्ञान प्राप्त करेंगे।<br>3. व्यक्तित्व सिद्धांतों को मानव व्यवहार और नैदानिक केस-फॉर्मुलेशन में लागू कर सकेंगे।<br>4. विभिन्न सिद्धांतों की शक्तियों और सीमाओं का आलोचनात्मक मूल्यांकन कर सकेंगे।<br>5. भारतीय दृष्टिकोण (त्रिगुण, योग, आयुर्वेद) को समझकर व्यक्तित्व का समग्र विश्लेषण कर सकेंगे।<br>6. व्यक्तित्व सिद्धांतों को आकलन एवं उपचार की पृष्ठभूमि से जोड़ सकेंगे। |                          |            |
| 6                                                      | क्रेडिट मान                                                                                                                                                                     | 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                          |            |
| 7                                                      | कुल अंक                                                                                                                                                                         | अधिकतम अंक: 40+60                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | न्यूनतम उत्तीर्ण अंक: 40 |            |
| भाग ब.पाठ्यक्रम की विषयवस्तु                           |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                          |            |
| व्यापनकी कुल टूटोरियल-प्रायोगिक (प्रवक्तसप्ताह):L-T-P: |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                          |            |
| इकाई                                                   | विषय                                                                                                                                                                            | व्यापनकी संख्या<br>(छिप्रापान)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                          |            |
| 1                                                      | व्यक्तिके और भारतीय मनोविज्ञान के अंतर्गत:<br>व्यक्तिके पर परंपरागत एवं वैज्ञानिक दृष्टिकोण और व्यक्तिके<br>व्यक्तिके के विकास, विकास के चरण (आत्मन) और व्यक्तिके की अभिव्यक्ति | 18                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                          |            |

11

|   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |    |
|---|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
|   | <p>व्यक्तित्व की परिभाषा, स्वरूप और क्षेत्र</p> <ul style="list-style-type: none"> <li>- व्यक्तित्व की संरचना और गतिशीलता</li> <li>- फ्रायड का मनोविश्लेषणात्मक सिद्धांत (Id, Ego, Superego; मनो-यौनिक अवस्थाएँ; रक्षा तंत्र)</li> <li>- नियो-फ्रायडियन: कार्ल जंग (आर्केटाइप, सामूहिक अचेतन), अल्फ्रेड ऐडलर (हीनभावना, श्रेष्ठता की आकांक्षा), करेन हॉर्नी (मूलभूत चिंता, न्यूरोटिक आवश्यकताएँ), एरिक एरिक्सन (मनोसामाजिक अवस्थाएँ)</li> </ul>                                                                |    |
| 2 | <p>गुण एवं प्रकार सिद्धांत -</p> <ul style="list-style-type: none"> <li>गॉर्डन ऑलपोर्ट (व्यक्तिगत प्रवृत्तियाँ, कार्यात्मक स्वायत्तता)</li> <li>- रेमंड कैटेल (16PF, सतही व गहन गुण)</li> <li>- हांस आइज़ेक (PEN मॉडल, जैविक आधार)</li> <li>- पाँच-कारक मॉडल (Big Five – OCEAN)</li> <li>- विलियम शेल्डन (शारीरिक प्रकार – एंडोमोर्फ, मेसोमोर्फ, एक्टोमोर्फ)</li> </ul>                                                                                                                                        | 18 |
| 3 | <p>मानवतावादी एवं अस्तित्ववादी सिद्धांत -</p> <ul style="list-style-type: none"> <li>कार्ल रॉजर्स (स्व-संकल्पना, बिना शर्त सकारात्मक दृष्टि, सामंजस्य/असामंजस्य)</li> <li>- अब्राहम मैस्लो (आवश्यकताओं का पदानुक्रम, आत्म-साक्षात्कार, चरम अनुभव)</li> <li>- विक्टर फ्रैंकल (लोगोथेरेपी, जीवन में अर्थ की खोज)</li> <li>- रोलो मे (स्वतंत्रता, उत्तरदायित्व, चिंता, प्रामाणिकता)</li> </ul>                                                                                                                    | 18 |
| 4 | <p>व्यवहारवादी, संज्ञानात्मक एवं सामाजिक सिद्धांत -</p> <ul style="list-style-type: none"> <li>बी.एफ. स्किनर (व्यवहारवाद, प्रबलन, ऑपरेट कंडीशनिंग)</li> <li>- डोलाई एवं मिलर (व्यक्तित्व का अधिगम सिद्धांत)</li> <li>- अल्बर्ट बंडूरा (सामाजिक अधिगम, प्रेक्षणीय अधिगम, आत्म-प्रभावकारिता)</li> <li>- जूलियन रॉटर (नियंत्रण का स्थान, प्रत्याशा-मूल्य मॉडल)</li> <li>- जॉर्ज केली (व्यक्तिगत संरचना सिद्धांत)</li> <li>- संज्ञानात्मक सिद्धांत: एलिस (REBT), बेक (संज्ञानात्मक योजनाएँ व विकृतियाँ)</li> </ul> | 18 |
| 5 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 18 |

अनुशंसित पाठ्यपुस्तकें/ग्रन्थ/अन्य पाठ्यसिद्धान्तग्रन्थाः

1. Cloninger, S. C. (2012). *Theories of personality: Understanding persons* (6th ed.). Pearson Education.
2. Cornelissen, R. M. M., Misra, G., & Varma, S. (2014). *Foundations and application of Indian psychology* (Vol. 1). Pearson Education India.
3. Feist, J., Feist, G. J., & Roberts, T. (2018). *Theories of personality* (9th ed.). McGraw-Hill Education.
4. Hall, C. S., Lindzey, G., & Campbell, J. B. (2007). *Theories of personality* (4th ed.). India: Wiley.
5. Kundu, C. L. (1989). *Personality development*. New Delhi, India: Sterling Publishers.
6. Larsen, R. J., & Buss, D. M. (2013). *Personality psychology: Domains of knowledge about human nature* (5th ed.). New York, NY: McGraw-Hill.
7. McAdams, D. P. (2020). *The person: A new introduction to personality psychology* (6th ed.). Wiley.
8. Mischel, W., Shoda, Y., & Smith, R. E. (2004). *Introduction to personality*. Hoboken, NJ: John Wiley & Sons.

9. Olson, M. H., & Hergenhahn, B. R. (2010). *An introduction to theories of personality* (8th ed.). Pearson.
10. Paranjpe, A. C. (2000). *Self and identity in modern psychology and Indian thought*. Kluwer Academic Publishing.
11. Ranganathananda, S. (2000). *The message of the Upanishads*. Bharatiya Vidya Bhavan.
12. Rao, K. R., & Paranjpe, A. C. (2016). *Psychology in the Indian tradition*. Springer.
13. Ryckman, R. M. (2008). *Theories of personality* (9th ed.). Cengage Learning.
14. Schultz, D. P., & Schultz, S. E. (2021). *Theories of personality* (11th ed.). Cengage Learning.
15. Sharma, S. (1999). *Indian concept of personality: A psychological perspective*. Concept Publishing Company.
16. अग्रवाल, एम., & सक्सेना, के. (1999). *व्यक्ति-मनोविज्ञान*. नई दिल्ली: राजकमल प्रकाशन.
17. अरुण कुमार हसिंह, (2021). *व्यक्ति-मनोविज्ञान*. Patna, India: Motilal Banarsi Das.
18. आर. एन. हसिंह, (n.d.). *व्यक्ति-मनोविज्ञान*. Patna, Motilal Banarsi Das.
19. हसिंह, जे. (2010). *व्यक्ति-मनोविज्ञान*. नई दिल्ली: राजकमल प्रकाशन.

अनुशंसित डाउनलोड लिंक्स

[https://www.bharathuniv.ac.in/colleges1/downloads/courseware\\_ece/notes/BSS201%20-%20PERSONALITY.pdf](https://www.bharathuniv.ac.in/colleges1/downloads/courseware_ece/notes/BSS201%20-%20PERSONALITY.pdf)  
<https://docs.uoc.ac.in/website/SDE/sde203.pdf>

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अनुसंधानमकक्षऑनलाइनपाठ्यक्रम:

<https://www.edx.org/learn/human-psychology/universita-degli-studi-di-napoli-federico-ii-introduction-to-psychology-of-personality>[https://onlinecourses.nptel.ac.in/noc25\\_hs67/preview](https://onlinecourses.nptel.ac.in/noc25_hs67/preview)<https://www.coursera.org/learn/personality-types-at-work>

भागद-अनुसंधानमकक्ष

अनुसंधानमकक्षमूल्यंकित

अधिकतमअंक:100

सततव्यापकमूल्यंकित(CCE)अंक:40विश्वविद्यालयीनपरीक्षा(UE)अंक:60

|                              |                                                 |    |
|------------------------------|-------------------------------------------------|----|
| अनुसंधानमकक्षमूल्यंकित(CCE): | कतासटेस्ट<br>असाइनमेंट/प्रस्तुतीकरण/प्रेजेंटेशन | 40 |
| आकलन:विश्वविद्यालयीनपरीक्षा: | अनुभाग(अ):अवतलपुष्प अनुभाग(ब):लघु प्रश्न        | 60 |

|                    |                          |  |
|--------------------|--------------------------|--|
| સમય-03.00ગિંટે     | અનુભાગ(સ):દીગપડતરીયપ્રમ્ |  |
| કોઈરડસપળી/સુદ્ધાિ: |                          |  |

# Practicum Course

| Part A Introduction                                            |                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |         |                                |
|----------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|--------------------------------|
| Program: 2-Year PG                                             |                                                                                                              | Class: M.A.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Year: I | Semester: 2                    |
| Session: 2025-26                                               |                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |         |                                |
| Subject: Clinical Psychology                                   |                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |         |                                |
| 1                                                              | Course Code                                                                                                  | PC-21                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |         |                                |
| 2                                                              | Course Title                                                                                                 | Personality Assessment Practicum                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |         |                                |
| 3                                                              | Course Type (Core Course/<br>Discipline Specific<br>Elective/Elective/Generic<br>Elective/Vocational/ .....) | Practicum Course                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |         |                                |
| 4                                                              | Pre-requisite (if any)                                                                                       | NIL                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |         |                                |
| 5                                                              | Course Learning outcomes (CLO)                                                                               | <p>On completion of this practicum, students will be able to:</p> <ol style="list-style-type: none"> <li>1. Administer, score, and interpret standardized personality assessment tools.</li> <li>2. Understand the rationale, strengths, and limitations of different methods of personality assessment.</li> <li>3. Conduct projective and objective tests of personality.</li> <li>4. Prepare complete case reports integrating assessment findings.</li> <li>5. Apply personality assessment results to clinical case formulation.</li> </ol> |         |                                |
| 6                                                              | Credit Value                                                                                                 | 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |         |                                |
| 7                                                              | Total Marks                                                                                                  | Max. Marks: 40+60                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |         | Min. Passing Marks: 40         |
| Part B - Content of the Course                                 |                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |         |                                |
| Total No. of Lectures-Tutorials-Practical (in hours per week): |                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |         |                                |
| L-T-P:                                                         |                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |         |                                |
| Unit                                                           | Topics                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |         | No. of Lectures (2 Hours Each) |




|        |                                                                                                                                                                                                                                                                                                                                                                                                                 |    |
|--------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| Part A | <p align="center"><b>- Objective Personality Tests (Any 3-4)</b></p> <ul style="list-style-type: none"> <li>• 16 Personality Factor Questionnaire (16PF) – Cattell</li> <li>• Eysenck Personality Questionnaire (EPQ)</li> <li>• NEO Personality Inventory (NEO-PI-R / Big Five)</li> <li>• Minnesota Multiphasic Personality Inventory (MMPI-2 / MMPI-2-RF)</li> <li>• HEXACO Personality Inventory</li> </ul> | 30 |
|--------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|





|               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |    |
|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| PartB         | <p align="center"><b>– Projective Personality Tests (Any 3–4)</b></p> <ul style="list-style-type: none"> <li>• Rorschach Inkblot Test (Comprehensive System)</li> <li>• Thematic Apperception Test (TAT) / Children's Apperception Test (CAT)</li> <li>• Sentence Completion Test (Rotter or local adaptations)</li> <li>• Draw-A-Person Test (DAP)</li> <li>• Word Association Test</li> </ul>                                                                                                                                                                                                         | 20 |
| PartC(Anytwo) | <p align="center"><b>– Behavioral and Clinical Assessment</b></p> <ul style="list-style-type: none"> <li>• Clinical interview focusing on personality patterns</li> <li>• Observation checklist for personality traits in naturalistic/clinical settings</li> <li>• Case history &amp; personality profile preparation</li> <li>• Report Preparation</li> <li>• Minimum 5 full case reports (combination of objective + projective tests)</li> <li>• Integration of test findings with case history and clinical interpretation</li> <li>• Viva-voce based on administered tests and reports</li> </ul> | 10 |

### Keywords/Tags:

1. Personality assessment
2. Projective techniques
3. Rorschach test
4. MMPI
5. Bender Gestalt
6. Cultural relevance

### Part C-Learning Resources

#### Text Books, Reference Books, Other resources

#### Suggested Readings:

1. Hall, Calvin S. and Lindzey, A. (1978). Theories of Personality John Wiley and Sons, New Jersey
2. Dan, P. McAdams (2008). The Person: An Introduction to the Science of Personality Psychology John Wiley and Sons, New Jersey
3. H. Jelle, L. A., Ziegler, D. J. (1992). Personality Theories. Basic Assumptions, Research, and Applications. 3rd ed. McGraw Hill.
4. Myers, Isabel Briggs with Peter B. Myers (1995) Gifts Differing: Understanding Personality Type. Mountain View, CA: Davies-Black Publishing.
5. Singh A. K. (2009). Uchchar Naidanik Manovigyan, Moti Lal Banarsi, Delhi, Mumbai & Chennai.
6. Singh, A. K. (1997). Tests, Measurements and Research Methods in Behavioural Sciences. Bharti Bhawan, Patna.
7. Manuals from NPC and Prasad Psycho Pvt. Ltd. - For tools like VIR, MISIC, Study Habits

Inventory, and others used in practicum.

7. शुक्ला, अनुपम, & विपाठी, हररगोविन्द (2023). मनोविज्ञान का परिचय (Introduction to Psychology).

मध्य प्रदेश विश्वविद्यालय, भोपाल

**Suggested digital platforms/weblinks** <https://egyankosh.ac.in/bitstream/123456789/23501/1/Unit-4.pdf> <https://www.verywellmind.com/what-is-personality-testing-2795420> <https://www.tandfonline.com/journals/hjpa20> [https://pearsonclinical.in/solution\\_category/clinical-psychology/personality-normal/](https://pearsonclinical.in/solution_category/clinical-psychology/personality-normal/) <https://www.sciencedirect.com/topics/nursing-and-health-professions/personality-assessment>

**Suggested equivalent online courses:**

<https://www.my-mooc.com/en/mooc/the-psychology-of-personality-free-online-course-futurelearn>  
<https://learn.saylor.org/mod/page/view.php?id=56458>

<https://courses.mooc.fi/org/uh-veterinary-biosciences/courses/me-and-my-cal/chapter-3/introduction-to-personality>

[https://onlinecourses.swayam2.ac.in/ccc21\\_mg22/preview](https://onlinecourses.swayam2.ac.in/ccc21_mg22/preview)  
[https://onlinecourses.swayam2.ac.in/ccc22\\_cm03/preview](https://onlinecourses.swayam2.ac.in/ccc22_cm03/preview)

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**Part D-Assessment and Evaluation****Suggested Continuous Evaluation Methods:**

| Internal Assessment                                                                                                              | Marks     | External Assessment    | Marks     |
|----------------------------------------------------------------------------------------------------------------------------------|-----------|------------------------|-----------|
| Class Interaction/Quiz                                                                                                           | 20        | Viva Voce on Practical | 40        |
| Attendance                                                                                                                       | 10        | Practical Record File  | 10        |
| Assignments (Charts/Model Seminar/Rural Service/Technology Dissemination/Report of Excursion/Lab Visits/Survey/Industrial visit) | 10        | Tablework/Experiments  | 10        |
| <b>TOTAL</b>                                                                                                                     | <b>40</b> |                        | <b>60</b> |

Any remarks/suggestions:

| भाग अ-परिचय                                            |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                              |               |            |
|--------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|------------|
| कक्षा:एमए                                              |                                                                                                                                                                                                                                                           | विषय:1                                                                                                                                                                                                                                                                                                                                                                                                       | सेमेस्टर:2    | सि:2025-26 |
| पाठ्यक्रम:टी-सीपीसी                                    |                                                                                                                                                                                                                                                           | विषय: नैदानिक मनोविज्ञान                                                                                                                                                                                                                                                                                                                                                                                     |               |            |
| 1                                                      | पाठ्यक्रम का कोड                                                                                                                                                                                                                                          | PC-21                                                                                                                                                                                                                                                                                                                                                                                                        |               |            |
| 2                                                      | पाठ्यक्रम का शीर्षक                                                                                                                                                                                                                                       | व्यक्ति: परीक्षण प्रयोग                                                                                                                                                                                                                                                                                                                                                                                      |               |            |
| 3                                                      | पाठ्यक्रम का प्रकार: (कोरस) व डेटा वलन नमूने व सदिश इतरे वक्ति.)                                                                                                                                                                                          | प्रैक्टिकल                                                                                                                                                                                                                                                                                                                                                                                                   |               |            |
| 4                                                      | प्री-रिक्विजिट (Prerequisite) (पद को ई हो)                                                                                                                                                                                                                | NIL                                                                                                                                                                                                                                                                                                                                                                                                          |               |            |
| 5                                                      | पाठ्यक्रम अध्यापन की (कोसपलर्निंग आउटकम) (CLO)                                                                                                                                                                                                            | विद्यार्थी इस प्रयोगात्मक कार्य के बाद -<br><br>1. मानकीकृत व्यक्तित्व परीक्षाओं का संचालन, अंकन और व्याख्या कर सकेंगे।<br>2. व्यक्तित्व आकलन की विभिन्न विधियों की शक्तियों व सीमाओं को समझ सकेंगे।<br>3. प्रोजेक्टिव और ऑब्जेक्टिव व्यक्तित्व परीक्षण कर सकेंगे।<br>4. परीक्षण परिणामों के आधार पर संपूर्ण केस रिपोर्ट तैयार कर सकेंगे।<br>5. नैदानिक केस-फॉर्मलेशन में व्यक्तित्व आकलन को लागू कर सकेंगे। |               |            |
| 6                                                      | क्रेडिट मान                                                                                                                                                                                                                                               | 4                                                                                                                                                                                                                                                                                                                                                                                                            |               |            |
| 7                                                      | कुल अंक                                                                                                                                                                                                                                                   | अधिकतम अंक: 40+60                                                                                                                                                                                                                                                                                                                                                                                            | मूलतम अंक: 40 |            |
| भाग ब-पाठ्यक्रम की विषयवस्तु                           |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                              |               |            |
| व्यापन की कुल बिटोररयल-प्रायोगिक (प्रवतसता है): L-T-P: |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                              |               |            |
| इकाई                                                   | विषय                                                                                                                                                                                                                                                      | व्यापन की कुल (टेम्प्लान)                                                                                                                                                                                                                                                                                                                                                                                    |               |            |
| भाग अ (कोई छः)                                         | - वस्तुनिष्ठ व्यक्तित्व परीक्षण (कोई 3-4)<br><br>• 16 व्यक्तित्व कारक प्रश्नावली (16PF - कैटेल)<br>• आइज़ेक व्यक्तित्व प्रश्नावली (EPQ)<br>• NEO व्यक्तित्व सूची (NEO-PI-R / बिग फाइव)<br>• मिनेसोटा मल्टीफेसिक पर्सनैलिटी इन्वेंटरी (MMPI-2 / MMPI-2-RF) |                                                                                                                                                                                                                                                                                                                                                                                                              |               | 30         |

|  |                          |  |
|--|--------------------------|--|
|  | • HEXACO व्यक्तित्व सूची |  |
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|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| भागबी | <p>- प्रोजेक्टिव व्यक्तित्व परीक्षण (कोई 3-4)</p> <ul style="list-style-type: none"> <li>• रोशार्ख इंकब्लॉट टेस्ट</li> <li>• थीमैटिक एपर्सप्शन टेस्ट (TAT) / बालक एपर्सप्शन टेस्ट (CAT)</li> <li>• वाक्य पूर्णता परीक्षण (Rotter या स्थानीय रूप)</li> <li>• चित्र बनाने का परीक्षण (Draw-A-Person)</li> <li>• शब्द संघ परीक्षण (Word Association Test)</li> </ul>                                                                                                                                                          | 20 |
| भागसी | <p>व्यवहारिक एवं नैदानिक आकलन</p> <ul style="list-style-type: none"> <li>• नैदानिक साक्षात्कार (व्यक्तित्व पर केन्द्रित)</li> <li>• प्राकृतिक/नैदानिक परिस्थिति में अवलोकन सूची</li> <li>• केस हिस्ट्री एवं व्यक्तित्व प्रोफाइल निर्माण</li> </ul> <p>- रिपोर्ट निर्माण</p> <ul style="list-style-type: none"> <li>• न्यूनतम 5 पूर्ण केस रिपोर्ट (ऑब्जेक्टिव + प्रोजेक्टिव परीक्षणों का संयोजन)</li> <li>• परीक्षण निष्कर्षों का केस हिस्ट्री और नैदानिक विश्लेषण के साथ एकीकरण</li> <li>• मौखिक परीक्षा (Viva)</li> </ul> | 10 |

सारणीकृत है:

1. व्यक्तिगतिक
2. प्रत्यक्ष नैतिक
3. रोसायहपरीक्षण
4. एमएमपीआई
5. बेडरगेस्टाल
6. सांख्यिक प्रतिक्रिया

भागस-अनुशासित आययनसंज्ञित

पठ्यपुस्तकें, अर्थसंज्ञित

अनुशिक्षणपुस्तकें/अन्यपठ्यसिनिष्ठसामग्री:

1. Hall, Calvin S. and Lindzey, A. (1978). Theories of Personality John Wiley and Sons, New Jersey Dan, P. McAdams (2008). The Person: An Introduction to the Science of Personality Psychology John Wiley and Sons, New Jersey
2. Hjelte, L. A., Ziegler, D. J. (1992). Personality Theories. Basic Assumptions, Research, and Applications. 3rd ed. McGraw Hill

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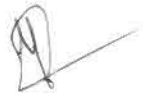
3. Myers, Isabel Briggs with Peter B. Myers (1995) Gifts Differing: Understanding Personality Type. Mountain View, CA: Davies-Black Publishing.
4. Singh A. K. (2009). Uchchatar Naidanik Manovigyan, Moti Lal Banarsi, Delhi, Mumbai & Chennai.
5. Singh, A. K. (1997). Tests, Measurements and Research Methods in Behavioural Sciences. Bharti Bhawan, Patna.
6. Manuals from NPC and Prasad Psycho Pvt. Ltd. - For tools like VIR, MISIC, Study Habits Inventory, and others used in practicum.
7. शुक्ला, अनुपम, & विपाठी, हररामोदिन्द (2023). मनोविज्ञान का प्रारम्भ (Introduction to Psychology). मध्य प्रदेश विश्वविद्यालय, भोपाल.

डिजिटल लैटॉमयि वेबि <https://egyankosh.ac.in/bitstream/123456789/23501/1/Unit-4.pdf> <https://www.verywellmind.com/what-is-personality-testing-2795420> <https://www.tandfonline.com/journals/hjpa20> [https://pearsanclinical.in/solution\\_category/c/clinical-psychology/personality-normal/](https://pearsanclinical.in/solution_category/c/clinical-psychology/personality-normal/) <https://www.sciencedirect.com/topics/nursing-and-health-professions/personality-assessment>

अभिलेखनम कक्ष ऑनलाइन पाठ्यक्रम:

<https://www.my-mooc.com/en/mooc/the-psychology-of-personality-free-online-course-futurelearn> <https://learn.saylor.org/mod/page/view.php?id=56458> <https://courses.mooc.fi/org/uh-veterinary-biosciences/courses/me-and-my-cat/chapter-3/introduction-to-personality> [https://onlinecourses.swayam2.ac.in/ccc21\\_mg22/preview](https://onlinecourses.swayam2.ac.in/ccc21_mg22/preview) [https://onlinecourses.swayam2.ac.in/ccc22\\_cm03/preview](https://onlinecourses.swayam2.ac.in/ccc22_cm03/preview)

भाषा: अंग्रेजी

| अनुविस्तृत मूल्य किंमती                                                                                                       |      |                             |      |
|-------------------------------------------------------------------------------------------------------------------------------|------|-----------------------------|------|
| अतिरिक्त मूल्य                                                                                                                | क्रि | विवरण                       | क्रि |
| कक्षा निर्माण                                                                                                                 | 20   | प्रयोग कक्षा मुखी (निर्माण) | 40   |
| उपवस्त्वत                                                                                                                     | 10   | प्रयोग कर कंडपिडल           | 10   |
| असाइनमेंट (चाटप/मॉडल/सेवमनार/ग्रामीणसेवा/प्रौद्योगिकी प्रसार/भ्रमण/कस्करायन/कीरपोट/सिक्खण/प्रयोगशाला/भ्रमण/लेब/विजट/औद्योगिक) | 10   | टेबल/प्रयोग                 | 10   |
| कुल अंकि                                                                                                                      | 40   |                             | 60   |
| कोई टलपणी/सुझावः                                                                                                              |      |                             |      |

# Theory Paper

| Part A Introduction                                            |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |         |                        |
|----------------------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|------------------------|
| Program: 2-Year PG                                             |                                                             | Class: M.A.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Year: I | Semester: 2            |
| Session: 2025-26                                               |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |         |                        |
| Subject: Clinical Psychology                                   |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |         |                        |
| 1                                                              | Course Code                                                 | CC-22                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |         |                        |
| 2                                                              | Course Title                                                | Psychological Assessment (Theory)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |         |                        |
| 3                                                              | Course Type (Core Course/<br>Discipline Specific Elective/) | Core Course                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |         |                        |
| 4                                                              | Pre-requisite (if any)                                      | NIL.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |         |                        |
| 5                                                              | Course Learning outcomes (CLO)                              | <p>On completion of this course, students will be able to:</p> <ol style="list-style-type: none"> <li>1. Understand the principles, ethics, and scope of psychological assessment.</li> <li>2. Distinguish between testing, measurement, assessment, and diagnosis.</li> <li>3. Learn construction, standardization, reliability, and validity of psychological tests.</li> <li>4. Explain and evaluate major assessment tools for intelligence, aptitude, achievement, interest, and neuropsychological functions.</li> <li>5. Integrate assessment findings into clinical case formulation.</li> </ol> |         |                        |
| 6                                                              | Credit Value                                                | 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |         |                        |
| 7                                                              | Total Marks                                                 | Max. Marks: 40+60                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |         | Min. Passing Marks: 40 |
| Part B - Content of the Course                                 |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |         |                        |
| Total No. of Lectures-Tutorials-Practical (in hours per week): |                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |         |                        |

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| L-T-P: |                                                                                                                                                                                                                                                                                                                                                                                                                |                                  |
|--------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|
| Unit   | Topics                                                                                                                                                                                                                                                                                                                                                                                                         | No. of Lectures<br>(1 Hour Each) |
| 1      | <ul style="list-style-type: none"> <li>- Meaning, scope, and importance of psychological assessment</li> <li>- Difference between testing, measurement, evaluation, assessment, and diagnosis</li> <li>- History and trends in psychological assessment</li> <li>- Ethical and professional issues (informed consent, confidentiality, cultural fairness, test misuse)</li> </ul>                              | 18                               |
| 2      | <ul style="list-style-type: none"> <li>- Steps in test construction</li> <li>- Item writing and analysis</li> <li>- Norms: types and importance (age, grade, percentile, standard scores, T-scores, sten scores)</li> <li>- Reliability: methods (test-retest, split-half, internal consistency, inter-rater)</li> <li>- Validity: types (content, construct, criterion-related, predictive).</li> </ul>       | 18                               |
| 3      | <ul style="list-style-type: none"> <li>- Intelligence: nature and theories (Spearman, Thurstone, Gardner, Sternberg)</li> <li>- Binet-Simon, Stanford-Binet, WAIS, WISC</li> <li>- Performance and culture-free tests (Raven's Progressive Matrices, Bhatia's Battery)</li> <li>- Aptitude tests: DAT, GATB, and specific aptitude batteries</li> <li>- Issues in intelligence and aptitude testing</li> </ul> | 18                               |
| 4      |                                                                                                                                                                                                                                                                                                                                                                                                                | 18                               |

|   |                                                                                                                                                                                                                                                                                                                                                                                                                                                               |    |
|---|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
|   | <ul style="list-style-type: none"> <li>- Educational and achievement testing</li> <li>- Interest inventories (Strong Interest Inventory, Kuder Interest Inventory)</li> <li>- Neuropsychological tests: Luria-Nebraska Battery, Halstead-Reitan Battery, Wisconsin Card Sorting Test (WCST), Trail Making Test, Stroop Test</li> <li>- Assessment of cognitive functions: attention, memory, executive function</li> </ul>                                    |    |
| 5 | <ul style="list-style-type: none"> <li>- Clinical interviews (structured and unstructured)</li> <li>- Case history method</li> <li>- Behavioral assessment and observation methods</li> <li>- Assessment of children and adolescents</li> <li>- Assessment of special groups (intellectual disability, learning disabilities, autism spectrum disorder, psychiatric conditions)</li> <li>- Integrating findings for diagnosis and case formulation</li> </ul> | 18 |

#### Keywords/Tags:

1. Psychometric Evaluation
2. Test Construction
3. Reliability and Validity
4. Computerized Testing
5. Norm-Referenced Testing
6. Ethical Issues in Psychological Testing

#### Part C-Learning Resources

#### Text Books, Reference Books, Other resources

#### Suggested Readings:

1. Aiken, L.R., & Groth-Marnet, G. (2009). Psychological testing and assessment (12th Ed.). New Delhi: Pearson Education.
2. Anastasi, A., & Urbina, S. (2003). Psychological testing (7th Ed.). New Delhi, India: Prentice Hall of India Pvt. Ltd.
3. APA Committee on Psychological Tests and Assessment. (2020). Standards for Educational and Psychological Testing (Revised ed.). American Psychological Association.
4. Asthana, B. *Measurement and evaluation in psychology and education* (Thoroughly revised & enlarged ed.). Vinod Pustak Mandir.

5. Coaley, K. (2014). An Introduction to Psychological Assessment and Psychometrics (2nd ed.). Sage Publications.
6. Cohen, R.J., & Swerlik, M.E. (2018). Psychological Testing and Assessment: An Introduction to Tests and Measurement (9th ed.). McGraw-Hill Education.
7. Freeman, F.S. (1978) Theory and practice of psychology testing Oxford.
8. Gregory, R.J. (2014). Psychological Testing: History, Principles, and Applications (7th ed.). Pearson Education.
9. Hogan, T.P. (2015). Psychological Testing: A Practical Introduction (3rd ed.). Wiley.
10. Husain, A. (2012). Psychological testing. New Delhi, India: Pearson Education.
11. Kaplan, R.M., & Saccuzzo, D.P. (2012). Psychological testing: Principles, applications and issues (8th ed.). New Delhi, India: Cengage.
12. Murphy, K.R., & Davidshofer, C.O. (2005). Psychological Testing: Principles and Applications (6th ed.). Pearson Education.
13. Sing, A.K. (1998). Testing and Measurement in Psychology. New Delhi: Tata McGrawhill.
14. Tiwari, G.K., & Kumar, A. (2021). Psychological Testing and Assessment. Sage Publications India.
15. अस्थाना, उबबन, क्षीयान, श्वेत, मनोविज्ञान और शिक्षा में मापन और मूल्यांकन: एक अभिप्रेत परचलकेंस।
16. वि. बी. एन., और नरके. एच. जे. (2008) मनोमापन. विद्याप्रकाशन, नागपुर
17. भाग्यि, श्वेत (2007): अिबुवन कमनोिज्ञावन कपरीक्षण और मापन, एच° पी° भागयिबुक हाउस, 4/ 230 कचहरी घाट, आगरा-4।
18. श्री° सि. रामजीक्षिन् (1999): मनोिज्ञावन कक्षीवक्षक मापन, मोतीताल बनारसीदास, पटना° राणसी।

#### **Suggestive digital platforms/weblinks**

<https://www.egyankosh.ac.in/bitstream/123456789/74243/1/Unit-6.pdf>  
<https://dspmuranchi.ac.in/pdf/Blog/E..pdf>

**Suggested equivalent online courses:** [https://onlinecourses.swavam2.ac.in/cec20\\_ed11/preview](https://onlinecourses.swavam2.ac.in/cec20_ed11/preview)

<https://adlonlinecourses.com/product/courses/health-medical/cma-complementary-medical-association/cma-psychology/psychological-assessment-level-3-certificate-course/>  
<https://www.careerlinecourses.com.au/psychology-courses/psychometric-testing-online-course/>




**Part D-Assessment and Evaluation**

Suggested Continuous Evaluation Methods:

Maximum Marks: 100

Continuous Comprehensive Evaluation (CCE): 40 Marks University Exam (UE): 60 Marks

|                                                                |                                                                                            |    |
|----------------------------------------------------------------|--------------------------------------------------------------------------------------------|----|
| Internal Assessment: Continuous Comprehensive Evaluation (CCE) | Class Test Assignment/Presentation                                                         | 40 |
| External Assessment: University Exam Section Time: 03.00 Hours | Section (A): Very Short Questions Section (B): Short Questions Section (C): Long Questions | 60 |

Any remarks/suggestions:



सैद्धांतिक प्रश्न

| भाग अ-परिचय                                                               |                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                |            |
|---------------------------------------------------------------------------|------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|------------|
| कार्यक्रम: दोषपूर्ण                                                       |                                                      | कक्षा:एमए                                                                                                                                                                                                                                                                                                                                                                                                                                                 | विषय:1         | सेमेस्टर:2 |
| सि:2025-26                                                                |                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                |            |
| विषय: नैदानिक मनोविज्ञान                                                  |                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                |            |
| 1                                                                         | पाठ्यक्रम का संक्षेप                                 | CC-22                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                |            |
| 2                                                                         | पाठ्यक्रम का शीर्षक                                  | मनोवैज्ञानिक मूल्यों का सैद्धांतिक                                                                                                                                                                                                                                                                                                                                                                                                                        |                |            |
| 3                                                                         | पाठ्यक्रम का प्रकार: कोर्स/वैकल्पिक/नैदानिक/वैकल्पिक | कोर्स                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                |            |
| 4                                                                         | प्राप्य (Prerequisite)<br>(यदि कोई हो)               | NIL                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                |            |
| 5                                                                         | पाठ्यक्रम अध्ययन की<br>निष्पत्ति (आउटकम) (CLO)       | इस पाठ्यक्रम के अध्ययन के बाद विद्यार्थी -<br><br>1. मनोवैज्ञानिक आकलन की संकल्पना, क्षेत्र और नैतिक सिद्धांतों को समझ सकेंगे।<br>2. परीक्षण, मापन, मूल्यांकन, आकलन और निदान के बीच अंतर स्पष्ट कर सकेंगे।<br>3. परीक्षण निर्माण, मानकीकरण, विश्वसनीयता और वैधता की प्रक्रिया को समझेंगे।<br>4. बुद्धि, अभिरुचि, उपलब्धि, रुचि एवं न्यूरोसाइकोलॉजिकल आकलन की प्रमुख विधियाँ सीखेंगे।<br>5. नैदानिक केस-फॉर्मेशन हेतु आकलन निष्कर्षों का एकीकरण कर सकेंगे। |                |            |
| 6                                                                         | क्रेडिट मान                                          | 6                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                |            |
| 7                                                                         | कुल अंक                                              | अधिकतम अंक:40+60                                                                                                                                                                                                                                                                                                                                                                                                                                          | न्यूनतम अंक:40 |            |
| भाग ब-पाठ्यक्रम की विषयिस्तु                                              |                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                |            |
| व्यायान की कुल संख्या-ट्यूटोरियल-प्रायोगिक (प्रवक्तृ सप्ताह घंटों):L-T-P: |                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                |            |
| इकाई                                                                      | विषय                                                 | व्यायान की संख्या<br>(घंटा/व्यायान)                                                                                                                                                                                                                                                                                                                                                                                                                       |                |            |
| 1                                                                         |                                                      | 18                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                |            |

|                                                             |                                                                                                                                                                                                                                                                                                                                                           |    |
|-------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
|                                                             | <ul style="list-style-type: none"> <li>- परिभाषा, क्षेत्र और महत्त्व</li> <li>- परीक्षण, मापन, मूल्यांकन, आकलन और निदान में अंतर</li> <li>- आकलन का इतिहास और नवीन प्रवृत्तियाँ</li> <li>- नैतिक एवं व्यावसायिक मुद्दे (सहमति, गोपनीयता, सांस्कृतिक न्याय, दुरुपयोग)</li> </ul>                                                                           |    |
| 2                                                           | <ul style="list-style-type: none"> <li>- परीक्षण निर्माण की अवस्थाएँ</li> <li>- आइटम लेखन और विश्लेषण</li> <li>- मानक: प्रकार एवं महत्त्व (आयु, ग्रेड, प्रतिशतक, मानक स्कोर, T-स्कोर)</li> <li>- विश्वसनीयता: पुनःपरीक्षण, विभाजित-अर्ध, आंतरिक संगति, परीक्षक-अंतर</li> <li>- वैधता: सामग्री, निर्माण, मापदंड-सम्बंधी, पूर्वानुमानित</li> </ul>          | 18 |
| 3                                                           | <ul style="list-style-type: none"> <li>- बुद्धि: स्वरूप और सिद्धांत (स्पीयरमैन, थर्स्टन, गार्डनर, स्टर्नबर्ग)</li> <li>- बिने-सायमन, स्टैनफोर्ड-बिने, WAIS, WISC</li> <li>- परफॉर्मेंस व संस्कृति-मुक्त परीक्षण (रेवेन, भाटिया बैटरी)</li> <li>- अभिरुचि परीक्षण: DAT, GATB और विशेष बैटरियाँ</li> <li>- बुद्धि व अभिरुचि परीक्षण की चुनौतियाँ</li> </ul> | 18 |
| 4                                                           | <ul style="list-style-type: none"> <li>- शैक्षिक एवं उपलब्धि परीक्षण</li> <li>- रुचि सूची (स्ट्रांग, कुदर)</li> <li>- न्यूरोसाइकोलॉजिकल परीक्षण: लूरिया-नेब्रास्का बैटरी, हालस्टेड-रिटन बैटरी, WCST, ट्रेल मेकिंग, स्टूप टेस्ट</li> <li>- संज्ञानात्मक कार्यों का आकलन (ध्यान, स्मृति, कार्यकारी कार्य)</li> </ul>                                        | 18 |
| 5                                                           | <ul style="list-style-type: none"> <li>- नैदानिक साक्षात्कार (संरचित व अर्ध-संरचित)</li> <li>- केस हिस्ट्री विधि</li> <li>- व्यवहारिक आकलन व अवलोकन</li> <li>- बच्चों व किशोरों का आकलन</li> <li>- विशेष समूह (बौद्धिक अक्षमता, अधिगम अक्षमता, ऑटिज़्म, मनोरोग)</li> <li>- निदान व केस-फॉर्मूलेशन हेतु निष्कर्षों का एकीकरण</li> </ul>                    | 18 |
| <p>सारहबिंदु(कीडिप)टैग:</p> <p>1. मनोवैद्यकीय मूल्यांकन</p> |                                                                                                                                                                                                                                                                                                                                                           |    |

2. परीक्षणवर्णनमायण
3. विश्वसनीयताऔरविधि
4. कम्प्यूटरीकृतपरीक्षण
5. मानदंड-सिद्धांतपरीक्षण
6. मनोविज्ञानकपरीक्षणमेंनैतिकमुद्दे

### भागस-अनुशिवसतअध्ययनसिसािन

पाठ्यपुस्तकेंकेअन्यसिसािन

अनुशिवसतसहायकपुस्तकें/ग्रन्थ/अन्यपाठ्यसिसािन/पाठ्यसामग्री:

1. Aiken, L. R., & Groth-Marnet, G. (2009). *Psychological testing and assessment* (12th Ed.). New Delhi: Pearson Education.
2. Anastasi, A., & Urbina, S. (2003). *Psychological testing* (7th Ed.). New Delhi, India: Prentice Hall of India Pvt. Ltd.
3. APA Committee on Psychological Tests and Assessment. (2020). *Standards for Educational and Psychological Testing* (Revised ed.). American Psychological Association.
4. Asthana, B. *Measurement and evaluation in psychology and education* (Thoroughly revised & enlarged ed.). Vinod Pustak Mandir.
5. Cooley, K. (2014). *An Introduction to Psychological Assessment and Psychometrics* (2nd ed.). Sage Publications.
6. Cohen, R. J., & Swerlik, M. E. (2018). *Psychological Testing and Assessment: An Introduction to Tests and Measurement* (9th ed.). McGraw-Hill Education.
7. Freeman, F. S. (1978) *Theory and practice of psychology testing* Oxford.
8. Gregory, R. J. (2014). *Psychological Testing: History, Principles, and Applications* (7th ed.). Pearson Education.
9. Hogan, T. P. (2015). *Psychological Testing: A Practical Introduction* (3rd ed.). Wiley.
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13. Sing, A.K. (1998). Testing and Measurement in Psychology. New Delhi: Tata McGrawhill.

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15. अस्थाना, बबबपन, क्षेत्रा, मनोविज्ञान और वशिक्षा में मापन मूल्यांकन, अग्रित पवध के यन्स।

16. वि. बी. एन., और नर के. एच. जे. (2008) मनोमापन, विद्या प्रकाशन, नागपुर

17. भागपि, (2007): अिुवन क मनोिज्ञावन क परीक्षण और मापन, एच° पी° भागपि बुक हाउस, 4/ 230 कचहरी घाट, आगरा-4।

18. श्रीिास्ति रामजी द्विन्य (1999): मनोिज्ञावन क वैवक्षक मापन, मोती लाल बनारसीदास, पटना, िाराणसी। अनुशिंवसत वडवजटललेटफॉर्मय/ िेब हलिक  
<https://www.apa.org/ed/graduate/specialize/clinical>  
<https://www.annualreviews.org/content/journals/clinps>  
<https://www.edx.org/learn/psychology/the-university-of-queensland-introduction-to-clinical-psychology>

अनुशिंवसत समकक्ष ऑनलाइन पाठ्यक्रम:

[https://onlinecourses.swayam2.ac.in/cec20\\_ed11/preview](https://onlinecourses.swayam2.ac.in/cec20_ed11/preview)  
<https://adfonlinecourses.com/product/courses/health-medical/cma-complementary-medical-association/cma-psychology/psychological-assessment-level-3-certificate-course/>  
<https://www.careerlinecourses.com.au/psychology-courses/psychometric-testing-online-course/>

भागद-अनुशिंवसत मूल्यांकन विविधाः

अनुशिंवसत सतत मूल्यांकन विविधाः

अधिकतम अंक: 100

सतत व्यापक मूल्यांकन (CCE) अंक: 40 विश्वविद्यालय परीक्षा (UE) अंक: 60

आंतरिक मूल्यांकन:

सतत व्यापक मूल्यांकन (CCE):

क्लास टेस्ट

असाइनमेंट, प्रस्तुतीकरण, प्रेजेंटेशन

40

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|                                                     |                                                                          |    |
|-----------------------------------------------------|--------------------------------------------------------------------------|----|
| आकलन : विश्वविद्यालयीन<br>परीक्षा:<br>समय-03.00घंटे | अनुभाग(अ):अवतलपुत्र अनुभाग(ब):लघु प्रश्न<br>अनुभाग(स):दीर्घउत्तरीयप्रश्न | 60 |
| कोईरटलपणी/सुझाः                                     |                                                                          |    |



# Practicum Course

| Part A Introduction                                            |                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |         |                                |
|----------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|--------------------------------|
| Program: 2-Year PG                                             |                                                                                                             | Class: M.A.                                                                                                                                                                                                                                                                                                                                                                                                                                       | Year: I | Semester 2                     |
| Session: 2025-26                                               |                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |         |                                |
| Subject: Clinical Psychology                                   |                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |         |                                |
| 1                                                              | Course Code                                                                                                 | PC-22                                                                                                                                                                                                                                                                                                                                                                                                                                             |         |                                |
| 2                                                              | Course Title                                                                                                | Psychological Assessment Practicum                                                                                                                                                                                                                                                                                                                                                                                                                |         |                                |
| 3                                                              | Course Type (Core Course/<br>Discipline Specific<br>Elective/Elective/Generic<br>Elective/Vocational/.....) | Practicum Course                                                                                                                                                                                                                                                                                                                                                                                                                                  |         |                                |
| 4                                                              | Pre-requisite (if any)                                                                                      | NIL                                                                                                                                                                                                                                                                                                                                                                                                                                               |         |                                |
| 5                                                              | Course Learning outcomes (CLO)                                                                              | <p>Students will be able to:</p> <ol style="list-style-type: none"> <li>1. Administer, score, and interpret intelligence, aptitude, achievement, and neuropsychological tests.</li> <li>2. Gain hands-on experience in conducting psychological assessment.</li> <li>3. Write full assessment reports integrating case history, test data, and interpretation.</li> <li>4. Apply psychological testing skills to clinical populations.</li> </ol> |         |                                |
|                                                                |                                                                                                             | and psychometric properties.                                                                                                                                                                                                                                                                                                                                                                                                                      |         |                                |
| 6                                                              | Credit Value                                                                                                | 4                                                                                                                                                                                                                                                                                                                                                                                                                                                 |         |                                |
| 7                                                              | Total Marks                                                                                                 | Max. Marks: 40+60                                                                                                                                                                                                                                                                                                                                                                                                                                 |         | Min. Passing Marks: 40         |
| Part B- Content of the Course                                  |                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |         |                                |
| Total No. of Lectures-Tutorials-Practical (in hours per week): |                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |         |                                |
| L-T-P:                                                         |                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |         |                                |
| Unit                                                           | Topics                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |         | No. of Lectures (2 Hours Each) |

|       |                                                                                                                                                                                                                            |    |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| PartA | <p>– Intelligence Tests (any 2–3)</p> <ul style="list-style-type: none"> <li>• Binet–Simon or Stanford–Binet</li> <li>• WAIS or WISC</li> <li>• Raven's Progressive Matrices</li> <li>• Bhatia's Battery</li> </ul>        | 30 |
| PartB | <p>Aptitude and Achievement Tests (any 2)</p> <ul style="list-style-type: none"> <li>• Differential Aptitude Test (DAT)</li> <li>• General Aptitude Test Battery (GATB)</li> <li>• Educational Achievement Test</li> </ul> | 15 |

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| PartC | <p>Interest and Neuropsychological Tests (any 2–3)</p> <ul style="list-style-type: none"> <li>• Strong Interest Inventory / Kuder Interest Inventory</li> <li>• Trail Making Test</li> <li>• Stroop Test</li> <li>• Wisconsin Card Sorting Test (WCST)</li> </ul> <p>– Report Preparation</p> <ul style="list-style-type: none"> <li>• Case history + 4–5 complete test reports</li> <li>• Integration of findings and clinical implications</li> <li>• Viva voce based on administered tests</li> </ul> | 15 |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|

**Keywords/Tags:**

1. Intelligencetesting
2. socialmaturity
3. StandardizedPsychologicalTools
4. TestAdministrationandScoring
5. PsychometricEvaluation
6. CulturalAdaptationofTests

PartC-LearningResources

TextBooks,ReferenceBooks,Otherresources




### Suggested Readings:

1. Aiken, L.R., & Groth-Marnet, G. (2009). *Psychological testing and assessment* (12th Ed.). New Delhi: Pearson Education.
2. Anastasi, A., & Urbina, S. (2003). *Psychological testing* (7th Ed.). New Delhi, India: Prentice-Hall of India Pvt. Ltd.
3. Benton, A.L., Hamsher, K. de S., & Sivan, A.B. (1994). *Multilingual Aphasia Examination*. Iowa City, IA: AJA Associates.
4. Bhatia, C.M. (1955). *Performance Test of Intelligence*. New Delhi: Oxford & IBH Publishing Co.
5. D'Elia, L.F., Satz, P., Uchiyama, C.L., & White, T. (1996). *Color Trails Test Professional Manual*. Lutz, FL: Psychological Assessment Resources.
6. Doll, E.A. (1935). *Vineland Social Maturity Scale*. Minneapolis, MN: American Guidance



Service.

7. Gadow, K.D., & Sprafkin, J. (1994). Attention Deficit Hyperactivity Disorder Symptom Checklist-4 (ADHD-SC4). Stony Brook, NY: Checkmate Plus.
8. Gadow, K.D., & Sprafkin, J. (2013). Child and Adolescent Symptom Inventory-5 (CASI-5). Stony Brook, NY: Checkmate Plus.
9. Kumar, P., Verma, D.N., & Kaushal, S.K. (1972). Verbal Adult Intelligence Scale. Varanasi: Manasayan.
10. Kumar, S.A. (1990). Locus of Control Scale. Varanasi: Manasayan.
11. Lord, C., Rutter, M., DiLavore, P.C., Risi, S., Gotham, K., & Bishop, S. (2012). Autism Diagnostic Observation Schedule-Second Edition (ADOS-2). Torrance, CA: Western Psychological Services.
12. Malin, A.J. (1969). Malin's Intelligence Scale for Indian Children. Lucknow: Indian Psychological Corporation.
13. Monteiro, S.A. (2016). Monteiro Interview Guidelines for Diagnosing the Autism Spectrum-Second Edition (MIIGDAS-2). Austin, TX: Western Psychological Services.
14. Pershad, D., & Verma, S.K. (1990). *Handbook of PGI Battery of Brain Dysfunction (PGI-BBD)*. Agra: National Psychological Corporation.
15. Raven, J. (2000). Raven's Standard Progressive Matrices. Oxford: Oxford Psychologists Press.

16. Roy, S. (2002). Pictorial Test of Intelligence-Second Edition (PTI-2). Kolkata: Psycho-Educational Testing Centre.
17. Sing, A.K. (1998). Testing and Measurement in Psychology. New Delhi: Tata McGrawhill.
18. Wechsler, D. (2003). Wechsler Intelligence Scale for Children-Fourth Edition (WISC-IV). San Antonio, TX: The Psychological Corporation.
19. Wechsler, D. (2008). Wechsler Adult Intelligence Scale-Fourth Edition (WAIS-IV). San Antonio, TX: Pearson Assessment.
20. भाग्येश्वर (2007): अजुवन कमनो ज्ञावन कपरीक्षण और मापन, एच° पी° भाग्येश्वर हाउस, 4/ 230 कचहरी घाट, आगरा-41
21. हंसिंह, ए. के. (2011) पररक्षण, मापन कनुसन्ान विविद्या, मोती लाल बनारसीदास, ददल्ली

Suggestive digital platforms/weblinks

<https://www.epvankosh.ac.in/bitstream/123456789/74243/1/Unit-6.pdf>

<https://dspmuranchi.ac.in/pdf/Blog/E.pdf>

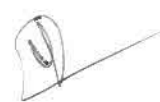
**Suggested equivalent online courses:** <https://hss.aitd.ac.in/course/psychological-testing-and-behavioral-assessment> [https://onlinecourses.swayam2.ac.in/ccc23\\_hs05/preview](https://onlinecourses.swayam2.ac.in/ccc23_hs05/preview)

#### Part D-Assessment and Evaluation

**Suggested Continuous Evaluation Methods:**

| Internal Assessment                                                                                                              | Marks     | External Assessment    | Marks     |
|----------------------------------------------------------------------------------------------------------------------------------|-----------|------------------------|-----------|
| Class Interaction/Quiz                                                                                                           | 20        | Viva Voce on Practical | 40        |
| Attendance                                                                                                                       | 10        | Practical Record File  | 10        |
| Assignments (Charts/Model Seminar/Rural Service/Technology Dissemination/Report of Excursion/Lab Visits/Survey/Industrial visit) | 10        | Tablework/Experiments  | 10        |
| <b>TOTAL</b>                                                                                                                     | <b>40</b> |                        | <b>60</b> |
| Any remarks/suggestions:                                                                                                         |           |                        |           |





प्रायोगिक प्रश्नपत्र

| भाग अ-पररचय                                                        |                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                              |                       |            |
|--------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------|
| कायपक्रम:दो:बीपी.जी                                                |                                                                                                                                                             | कक्षा:एमए                                                                                                                                                                                                                                                                                                                                    | िषय:प्रथम             | सेमेस्टर 2 |
| सि:2025-26                                                         |                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                              |                       |            |
| विषय: नैदानिक मनोविज्ञान                                           |                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                              |                       |            |
| 1                                                                  | पाठ्यक्रमकाकोड                                                                                                                                              | PC-22                                                                                                                                                                                                                                                                                                                                        |                       |            |
| 2                                                                  | पाठ्यक्रमकाशीर्षक                                                                                                                                           | प्रायोगिकमनोविज्ञानकाप्रयोग                                                                                                                                                                                                                                                                                                                  |                       |            |
| 3                                                                  | पाठ्यक्रमकाप्रकार:(कोरकोर्स/वैकल्पिककोर्स/वैकल्पिककोर्सकेतहत)                                                                                               | वैकल्पिककोर्स                                                                                                                                                                                                                                                                                                                                |                       |            |
| 4                                                                  | प्राथमिक(Prerequisite)<br>(यदिहोईहो)                                                                                                                        | NIL                                                                                                                                                                                                                                                                                                                                          |                       |            |
| 5                                                                  | पाठ्यक्रमअध्ययनकी<br>(कोर्सपरिणामआउटकम)(CLO)                                                                                                                | विद्यार्थी इस पाठ्यक्रम के अंत में –<br><br>1. बुद्धि, अभिरुचि, उपलब्धि व न्यूरोसाइकोलॉजिकल परीक्षणों का संचालन, अंकन और व्याख्या कर सकेंगे।<br>2. मनोवैज्ञानिक आकलन का प्रत्यक्ष अनुभव प्राप्त करेंगे।<br>3. संपूर्ण आकलन रिपोर्ट (केस हिस्ट्री + परीक्षण निष्कर्ष) लिख सकेंगे।<br>4. नैदानिक जनसंख्या में परीक्षण कौशल का उपयोग कर सकेंगे। |                       |            |
| 6                                                                  | क्रेडिटमान                                                                                                                                                  | 4                                                                                                                                                                                                                                                                                                                                            |                       |            |
| 7                                                                  | कुल अंक                                                                                                                                                     | अधिकतमअंक:40+60                                                                                                                                                                                                                                                                                                                              | न्यूनतमउत्तीर्णअंक:20 |            |
| भागब-पाठ्यक्रमकीविषयिस्तु                                          |                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                              |                       |            |
| व्यायानकीकुलसिंया-ट्यूटोरररयल-प्रायोगिक(प्रवतसप्ताहघंटेमें):L-T-P: |                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                              |                       |            |
| इकाई                                                               | विषय                                                                                                                                                        | व्यायानकी सिंया<br>(2घंटे/व्यायान)                                                                                                                                                                                                                                                                                                           |                       |            |
| भागअ(कोईछः)                                                        | 1. बिने-सायमन या स्टेनफोर्ड-बिने बुद्धि परीक्षण (कोई 2-3)                                                                                                   | 30                                                                                                                                                                                                                                                                                                                                           |                       |            |
|                                                                    | <ul style="list-style-type: none"><li>बिने-सायमन या स्टेनफोर्ड-बिने</li><li>WAIS या WISC</li><li>रेवेन प्रोग्रेसिव मैट्रिसेस</li><li>भाटिया बैटरी</li></ul> |                                                                                                                                                                                                                                                                                                                                              |                       |            |

|       |                                                                                                                                                                                                                                      |    |
|-------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| भागवी | <p>– अभिरुचि एवं उपलब्धि परीक्षण (कोई 2)</p> <ul style="list-style-type: none"> <li>• डिफरेंशियल एपीट्यूड टेस्ट (DAT)</li> <li>• जनरल एपीट्यूड टेस्ट बैटरी (GATB)</li> <li>• शैक्षिक उपलब्धि परीक्षण</li> </ul>                      | 15 |
| भागसी | <p>रुचि एवं न्यूरोसाइकोलॉजिकल परीक्षण (कोई 2-3)</p> <ul style="list-style-type: none"> <li>• स्ट्रांग इंटररेस्ट इन्वेंटरी / कुदर इंटररेस्ट इन्वेंटरी</li> <li>• ट्रेल मेकिंग टेस्ट</li> <li>• स्टूप टेस्ट</li> <li>• WCST</li> </ul> | 15 |




|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                  |  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <p align="center"><b>- रिपोर्ट निर्माण</b></p> <ul style="list-style-type: none"> <li>• केस हिस्ट्री + 4-5 संपूर्ण परीक्षण रिपोर्ट</li> <li>• निष्कर्षों का एकीकरण और नैदानिक विवेचना</li> <li>• मौखिक परीक्षा (Viva)</li> </ul> |  |
| <p><b>सारह बिंदु (कीडय) टैग:</b></p> <ol style="list-style-type: none"> <li>1. बुद्धि परीक्षण</li> <li>2. सामाजिक पररपकता</li> <li>3. मानकीकृत मनो-ज्ञानकरण</li> <li>4. परीक्षण प्रशासन और रिकॉर्डिंग</li> <li>5. मनोवैयमती प्रमूल्यांकन</li> <li>6. परीक्षणों का सांस्कृतिक अनुकूलन</li> </ol>                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                  |  |
| <p align="center"><b>भागस-अनुशिवसत अध्ययनसिंसांन</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                  |  |
| <p align="center">पाठ्यपुस्तकें, पुस्तकें, अन्यसिंसांन</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                  |  |
| <p><b>अनुशिवसत सहायक पुस्तकें/ग्रन्थ/अन्य पाठ्यसिंसांन/पाठ्यसामग्री:</b></p> <ol style="list-style-type: none"> <li>1. Aiken, L.R., &amp; Groth-Marnet, G. (2009). <i>Psychological testing and assessment</i> (12th Ed.). New Delhi: Pearson Education.</li> <li>2. Anastasi, A., &amp; Urbina, S. (2003). <i>Psychological testing</i> (7th Ed.). New Delhi, India: Prentice-Hall of India Pvt. Ltd.</li> <li>3. Benton, A.L., Hamsher, K. de S., &amp; Sivan, A.B. (1994). <i>Multilingual Aphasia Examination</i>. Iowa City, IA: AJA Associates.</li> </ol> |                                                                                                                                                                                                                                  |  |

4. Bhatia, C.M. (1955). *Performance Test of Intelligence*. New Delhi: Oxford & IBH Publishing Co.
5. D'Elia, L.F., Satz, P., Uchiyama, C.L., & White, T. (1996). *Color Trails Test Professional Manual*. Lutz, FL: Psychological Assessment Resources.
6. Doll, E.A. (1935). *Vineland Social Maturity Scale*. Minneapolis, MN: American Guidance Service.
7. Gadow, K.D., & Sprafkin, J. (1994). *Attention Deficit Hyperactivity Disorder Symptom Checklist-4 (ADHD-SC4)*. Stony Brook, NY: Checkmate Plus.
8. Gadow, K.D., & Sprafkin, J. (2013). *Child and Adolescent Symptom Inventory-5 (CASI-5)*. Stony Brook, NY: Checkmate Plus.
9. Kumar, P., Verma, D.N., & Kaushal, S.K. (1972). *Verbal Adult Intelligence Scale*. Varanasi: Manasayan.
10. Kumar, S.A. (1990). *Locus of Control Scale*. Varanasi: Manasayan.
11. Lord, C., Rutter, M., DiLavore, P.C., Risi, S., Gotham, K., & Bishop, S. (2012). *Autism Diagnostic Observation Schedule—Second Edition (ADOS-2)*. Torrance, CA: Western Psychological Services.
12. Malin, A.J. (1969). *Malin's Intelligence Scale for Indian Children*. Lucknow: Indian Psychological Corporation.
13. Monteiro, S.A. (2016). *Monteiro Interview Guidelines for Diagnosing the Autism Spectrum—Second Edition (MIGDAS-2)*. Austin, TX: Western Psychological Services.
14. Pershad, D., & Verma, S.K. (1990). *Handbook of PGI Battery of Brain Dysfunction (PGI-BBD)*. Agra: National Psychological Corporation.
15. Raven, J. (2000). *Raven's Standard Progressive Matrices*. Oxford: Oxford Psychologists Press.
16. Roy, S. (2002). *Pictorial Test of Intelligence—Second Edition (PTI-2)*. Kolkata: Psycho-Educational Testing Centre.
17. Sing, A.K. (1998). *Testing and Measurement in Psychology*. New Delhi: Tata McGrawhill.




18. Wechsler, D. (2003). Wechsler Intelligence Scale for Children—Fourth Edition (WISC-IV). San Antonio, TX: The Psychological Corporation.
19. Wechsler, D. (2008). Wechsler Adult Intelligence Scale—Fourth Edition (WAIS-IV). San Antonio, TX: Pearson Assessment.
20. भाग्येश्वर (2007): अिुवनकमनोिैज्ञावनकपरीक्षण और मापन, एच<sup>०</sup> पी<sup>०</sup> भाग्येश्वर हाउस, 4/ 230 कचहरी घाट, आगरा-41
21. हसिंह, ए. के. (2011) पररक्षण, मापन और अनुसन्िान विविद्या, मोतीलाल बनारसीदास ट्रस्टली

अनुशिवसतवडवजटललेटिऑमयिेबहलिक

<https://www.cgankosh.ac.in/bitstream/123456789/74243/1/Unit-6.pdf>

<https://dspnuranchi.ac.in/pdf/Blog/E.pdf>

अनुशिवसतसमकक्षऑनलाइनपाठ्यक्रम:

<https://hss.aitd.ac.in/course/psychological-testing-and-behavioral-assessment> [https://onlinecourses.swayam2.ac.in/cec23\\_hs05/preview](https://onlinecourses.swayam2.ac.in/cec23_hs05/preview)

भागद-अनुशिवसतमूल्यािंकनविविद्यािंक:

अनुशिवसतसततमूल्यािंकनविविद्यािंक:

| आतिररकमूल्यािंकन                                                                                                                  | अिंक | बाह्यमूल्यािंकन      | अिंक |
|-----------------------------------------------------------------------------------------------------------------------------------|------|----------------------|------|
| क्यामिेदप्ररंर                                                                                                                    | 20   | प्रणोशकमौवखकी (िाया) | 40   |
| उपवस्थवत                                                                                                                          | 10   | प्रणोशकररकॉडिडिल     | 10   |
| असाइनमेंट, चाटय, मॉडल, सेवमनार, प्रामीणसेिी/प्रौद्योगकी प्रसार/भ्रमण/कस्कशयन/कीररपोटय/सिखण/प्रयोगशालाभ्रमण (लैबविवजट) औद्योगकपािी | 10   | टेबलप्रियोग          | 10   |
| कुलअिंक                                                                                                                           | 40   |                      | 60   |

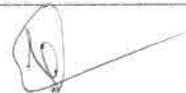
कॉर्डेटलपणी/सुझाि:

|   |                                                                                                                                                                                                                                                                                                                         |   |
|---|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|
| 2 | <b>Unit II: Positive Emotions and Cognitive Distortions</b> <ul style="list-style-type: none"> <li>• Positive emotions: hope, joy, gratitude, love</li> <li>• VIA strengths classification</li> <li>• Automatic thoughts and dysfunctional core beliefs</li> </ul> <p>Common cognitive distortions with examples</p>    | 6 |
| 3 | <b>Unit III: Positive Interventions and CBT Techniques</b> <ul style="list-style-type: none"> <li>• Mindfulness and relaxation</li> <li>• Gratitude practices</li> <li>• Thought records and belief challenging</li> <li>• Behavioural activation (overview)</li> </ul>                                                 | 6 |
| 4 | <b>Unit IV: Contemporary Trends and Integrations</b> <ul style="list-style-type: none"> <li>• Integration of Positive Psychology and CBT</li> <li>• Mindfulness-based CBT (MBCT)</li> <li>• Online CBT and Digital Mental Health</li> <li>• Research developments in youth and workplace contexts</li> </ul>            | 6 |
| 5 | <b>Unit V: Limitations, Ethics, and Future Directions</b> <ul style="list-style-type: none"> <li>• Ethical issues in applying Positive Psychology and CBT</li> <li>• Cultural sensitivity in interventions</li> <li>• Strengths and limitations of both approaches</li> <li>• Future scope in Indian context</li> </ul> | 6 |

**Keywords/Tags:**

1. Positive Psychology,
2. PERMA,
3. Well-being,
4. Flourishing,
5. Beck's Model,
6. Cognitive Triad

**Suggested Continuous Evaluation Methods:**

**Maximum Marks:100**

**University Examination:100**

|                                                                    |                                                                                            |     |
|--------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----|
|                                                                    |                                                                                            |     |
| External Assessment:<br>University Exam Section<br>Time:03.00Hours | Section(A):Very Short Questions<br>Section(B):Short Questions<br>Section(C):Long Questions | 100 |



मूल्यमापन पाठ्यक्रम

भाग अ-परिचय

| भागअ-परिचय                                                        |                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        |                                    |
|-------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|------------------------------------|
| काययक्रम:दोषीयपी.जी.                                              |                                                                                                        | कक्षा:एमए                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | विषय:1 | सेमेस्टर:2                         |
| सि:2025-26                                                        |                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        |                                    |
| विषय: नैदानिक" मनोविज्ञान                                         |                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        |                                    |
| 1                                                                 | पाठ्यक्रमकाकोड                                                                                         | VAC                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |        |                                    |
| 2                                                                 | पाठ्यक्रमकाशीषयक                                                                                       | Positive Psychology                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |        |                                    |
| 3                                                                 | पाठ्यक्रमकाप्रकार:(कोरकोसय/विवेकसवलननस्पेसदिकइलेक्ट्रिक)                                               | मूल्यसिंियनपाठ्यक्रम                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |        |                                    |
| 4                                                                 | पूियापेक्षा(Prerequisite)<br>(यददकोईहो)                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        |                                    |
| 5                                                                 | पाठ्यक्रमअध्ययनकीपररलवधिया<br>(कोसयलर्निंगआउटकम)(CLO)                                                  | इस पाठ्यक्रम के अंत तक विद्यार्थी सक्षम होंगे:<br><br>1. Positive Psychology और CBT की मूलभूत अवधारणाओं, सिद्धांतों और मॉडलों को समझने में।<br>2. सकारात्मक भावनाओं, चरित्र शक्तियों और सामान्य संज्ञानात्मक विकृतियों की पहचान करने में।<br>3. आभार, माइंडफुलनेस जैसे सकारात्मक हस्तक्षेप और CBT की तकनीकें (थॉट रिकॉर्ड, बिहेवियरल एक्टिवेशन) समझने में।<br>4. समकालीन प्रवृत्तियों जैसे MBCT तथा डिजिटल CBT अनुप्रयोगों का विश्लेषण करने में।<br>5. Positive Psychology और CBT के भारतीय संदर्भ में नैतिक, सांस्कृतिक और व्यावहारिक पहलुओं का मूल्यांकन करने में। |        |                                    |
| 6                                                                 | क्रेडिटमान                                                                                             | 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |        |                                    |
| 7                                                                 | कुल अंक                                                                                                | अधिकतमअंक:40+60                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        | न्यूनतमउत्तीणयअंक:40               |
| भागब-पाठ्यक्रमकीविषयिस्तु                                         |                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        |                                    |
| व्यापानकीकुलसिंया-ट्यूटोररयल-प्रायोवगक(प्रवतसप्ताहघिटेमें):L-T-P: |                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        |                                    |
| इकाई                                                              | विषय                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        | व्यापानकीसिंया<br>(1घिंटा/व्यापान) |
| 1                                                                 | Positive Psychology और CBT की नींव: PERMA मॉडल, Beck का Cognitive Model, पारंपरिक काउंसलिंग से भिन्नता |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        | 6                                  |



|   |                                                                                                               |   |
|---|---------------------------------------------------------------------------------------------------------------|---|
| 2 | सकारात्मक भावनाएँ और संज्ञानात्मक विकृतियाँ: VIA strengths, आशा, कृतज्ञता, आनंद, स्वतः विचार, विकृत मान्यताएँ | 6 |
|---|---------------------------------------------------------------------------------------------------------------|---|




|   |                                                                                                                            |   |
|---|----------------------------------------------------------------------------------------------------------------------------|---|
| 3 | सकारात्मक हस्तक्षेप और CBT तकनीकें: माइंडफुलनेस, रिलैक्सेशन, आभार अभ्यास, थॉट रिकॉर्ड, विश्वास चुनौती, बिहेवियरल एक्टिवेशन | 6 |
| 4 | समकालीन प्रवृत्तियाँ और एकीकरण: Positive Psychology और CBT का एकीकरण, MBCT, ऑनलाइन CBT, युवाओं और कार्यस्थल में उपयोग      | 6 |
| 5 | सीमाएँ, नैतिकता और भविष्य की दिशा: नैतिक मुद्दे, सांस्कृतिक संवेदनशीलता, भारतीय संदर्भ अनुप्रयोग और भविष्य की संभावनाएँ    | 6 |

सारहबिंदु(कीडिय)/टैग:

- ☐ Positive Psychology, PERMA, Well-being, Flourishing, Beck's Model, Cognitive Triad
- ☐ Gratitude, VIA Strengths, Hope, Joy, Automatic Thoughts, Core Beliefs, Cognitive Distortions
- ☐ Mindfulness, Relaxation, Gratitude Journal, Thought Record, Cognitive Restructuring, Behavioural Activation
- ☐ Integration, MBCT, ACT, Digital Mental Health, Online CBT, Workplace Well-being, Youth Mental Health
- ☐ Ethics, Cultural Sensitivity, Indian Context, Strengths & Limitations, Preventive Mental Health

भागस-अनुशिवसतअध्ययनसिंसांन  
पाठ्यपुस्तकें,सिंदभयपुस्तकें,अन्यसिंसांन




**अनुशिवसतसमकक्षऑनलाइनपाठ्यक्रमः**

**Positive Psychology**

4. Coursera – Positive Psychology Specialization (University of Pennsylvania)  
– <https://www.coursera.org/specializations/positivepsych>
5. Greater Good Science Center (UC Berkeley) – Articles, practices, and videos on well-being  
– <https://greatergood.berkeley.edu>
6. Positive Psychology Center (UPenn, Martin Seligman)  
– <https://ppc.sas.upenn.edu>

**Cognitive Behaviour Therapy (CBT)**

7. Centre for Clinical Interventions (CCI, Australia) – Free self-help CBT workbooks  
– <https://www.cci.health.wa.gov.au/Resources/Looking-After-Yourself>
8. Psychology Tools – CBT worksheets, guides (free section available)  
– <https://www.psychologytools.com>
9. MindSpot Clinic (Macquarie University, Australia) – Free online CBT programs for anxiety & depression  
– <https://mindspot.org.au>

**Videos & Open Courses**

10. Yale University – The Science of Well-being (Free on Coursera)  
– <https://www.coursera.org/learn/the-science-of-well-being>
11. YouTube – Beck Institute for Cognitive Behavior Therapy  
– <https://www.youtube.com/user/beckinstitute>
12. Khan Academy – Psychology (free lectures, foundational concepts)  
– <https://www.khanacademy.org/test-prep/mcat/behavior>

**भागद-अनुशिवसतमूल्यांकनविवियाः**

अनुशिवसतसतमूल्यांकनविवियाः: अविकतमअंक: 100

विश्वविद्यालयीनपरीक्षा(UE)अंक: 100

|                                                |                                                                               |     |
|------------------------------------------------|-------------------------------------------------------------------------------|-----|
| आकलन: विश्वविद्यालयीनपरीक्षा:<br>समय-03.00घंटे | अनुभाग(अ): अवतलघुप्रश्न अनुभाग(ब): लघु प्रश्न<br>अनुभाग(स): दीघयउत्तरीयप्रश्न | 100 |
|------------------------------------------------|-------------------------------------------------------------------------------|-----|

कोईरटलपणी/सुझाः